BUDDHIST TEMPLE OF SOUTHERN ALBERTA

HikaritheLight (March 2020)

Is my life really mine?



Our life does not go as we want. If we understand this well, there is no problem to live this life. However, we try to live our life as we want, as our convenience goes.

This is nothing, but we think we own our life. We think we are able to control our life. This is, I think, human arrogance. Some people might say, "This is my own life. I can do whatever I want to do." Then, sadly some of them end their lives.

Buddhism, however, tells us that our life is not our own. It is not a personal possession. Why? Because from the time of our birth--NO! even before our birth--countless causes and conditions, visible and invisible, have been supporting and working for us. We are not really able to count all of them that are constantly and always supporting us. Birth is not something to take for granted. Birth on this earth is rather a rare occurrence. Therefore, each life, not only human life, is beautiful and precious. And yet we say "This is my own life," thinking we can do whatever we want. This is nothing but our ego mind, stubborn and self-centered, and, as a result, we actually suffer and create the life of delusion - fear and loneliness and uncertainty and frustration.

Because of our life of delusion and ignorance, Amida Buddha, the Buddha of infinite light (wisdom) and boundless life (compassion), raised a great Vow and compassionate care to liberate all sentient being to the Pure Land of peace and serenity. When we are nurtured by Amida's life we will be able to live this

BTSA Minister: Rev. Yasuo Izumi 403.382.7024 • yasuo123@shaw.ca 470-40 St S • Lethbridge, AB T1J 3Z5 403.327.1260 • www.theBTSA.com life cheerfully and courageously, receiving the compassionate light coming and shining upon us from the Pure Land in our everyday lives. So, through listening to and hearing Amida's compassionate vow our self-a thought of I and me-- will be broken through.

Hisako Nakamura (1897- 1968) who, because of frostbite that resulted in gangrene at the age of three, lost her hands and feet. After she had grown up, she expressed her deep sadness and wrote a poem holding a brush in her mouth: "How I sorrow / And wonder about / The evils I committed/ In the past / That I must worship / Without hands to place/ In gassho today..."

Then she started to listen to Amida's compassionate teaching. She read the following: Entrusting heart to Amida Buddha gives us the wisdom to recognize the transiency of life and the strength not to be surprised or grieved at whatever comes to us or passing of life itself, knowing that, however conditions and appearances may change, the truth of life, Amida's life, remains always unchanged.

Gradually, she started to look into herself and left many poems expressing her inner joy. Before her passing at the age of 72 years she wrote: "Though without hands/ And feet / How at peace / Is the body / Enveloped /In the Buddha's sleeve."

The same person who once cursed her past found herself being embraced by the life of Amida's great compassion to find joy and peace just as she was in her present condition. Yes, our life is not our own but one with Amida.

Yasuo Izumi, Minister Buddhist Temple of Southern Alberta

「春が来た」

新しい年を迎えたと思っているうちに、もア ルバータにも、厳しい冬が終わり、春がやって きたようです。先月は、零下30度以下の寒さ を、久しぶりに経験しました。そのような寒さ の後は、春の訪れを特に心待ちにするのは私 だけではないでしょう。今でも、小学唱歌「春 が来た」を思い出します。この歌は高野達之と いう国文学者の作です。高野氏もまた冬の寒 い長野県の山間で生まれています。冬に耐え てきた人の春を迎える喜びが、簡単な歌詞の 中に現れています。春の訪れは目には見えま せんが、花が、山にも里にも野にも咲き出しま す。このアルバータにも緑の草が所どころに 見えるようになります。今まで見えなかった花 や緑の草が陽の光を受けて地上に現れてき ます。人間の造った働きではなく、全く自然の 働きです。

「ナモアミダブツ」は、私たちの心に春をもたらす仏様の呼ぶ声です。限りある命の中で苦しみ、悲しみ、悩む私たちを、共に苦しみ、悲しみ、悩んで下さり、真実の目覚めの世界へと導いて下さいます。仏様は私たちの目には見えません。それでも、私達と共にいて下さるのです。それは、人間の知識を超えた仏様の自然の働き、大きな願いなのです。

合堂 泉康雄



AGM - March 1

AGM **Annual General Meeting** March 1, after service

All members are reminded that the temple annual general meeting March 1, following the monthly memorial service needs your participation at this important yearly event. Remember to attend and to let your voice be heard. Items involving the temple's financial status and governance will be on the agenda, including the question of solar panels for the roof, media personnel, and a columbarium. Come participate and keep the temple vibrant.

A major item will be BTSA hosting this year's annual Jodo Shinshu Buddhist Temples of Canada in April.

FOOD BANK



A great thank you to all members for your kindness and generosity.

An estimated \$550 of goods were donated in this year's food bank appeal that ended in February. Additionally, \$270 in cheques were received, making a grand total of \$820. BTSA's decision to match that total raises the final tally to the Lethbridge Food Bank \$1,640.

Temple appreciates all who contributed to this annual event to help assist those in need. The goods and monetary contributions were turned over to the food bank during the last week in February.

CHAIR SCHEDULE March & April 2020

Services begin at 10:30 a.m. unless otherwise indicated Apr 05

Mar 01 SHOTSUKI Sheila Oishi

Kynan Gordon

Mar 08

Apr 12 HANAMATSURI/SHOTSUKI

Bob Muskovich

Roland Ikuta

Mar 15

Apr 19

Harry Sugimoto

Joyce Shigehiro

Mar 22

Apr 26 JSBTC AGM Service

@ 2 pm

Andrew Ichikawa Jeff Haines

Mar 29

Rachelle Muskovich

February Shotsuki & Lunch

Izumi sensei's dharma talk at the monthly memorial service Feb. 2 featured a look at the Buddhist homyo displayed during the shotsuki service. He referred to the many special folders, each for a deceased member or friend, on which are inscribed assigned Dharma names usually in Japanese characters.

Sensei said he has added English translations since his arrival 18 years ago.

"Each homyo represents our life of impermanence. Our friends were, without doubt, once living with us, once living in this world.... Each homyo is also a reminder that we too leave this world, a limited and changing world, one day. 'Born alone, die alone, come alone and leave alone.' These words appear in one of the sutras. Our life is essentially aloneness. When we die, nobody takes our place. (mudaisha)"

Following the service, Toban 2 provided a tasty lunch of ribs, salad, assorted fruit and dessert. The occasion was accompanied by a clear, sunny, but cold, winter day.



During the February shotsuki; note the homyo displayed.







Pet Appreciation & Nirvana Day Feb 9



Photos of pets adorned the naijin during Pet Appeciation Service.

Pet Appreciation Day and the anniversary of Shakyamuni Buddha's death were observed Feb. 9 at the regular BTSA Sunday service, with Izumi sensei's dharma talk showing how the two events are related. While unsettled historically, the date of Shakyamuni's death in Jodo Shinshu, known as Nirvana Day, is given as February 15.

Sensei answered his own question, "What does Nirvana mean?" referring to original Buddhism or Theravada by replying: "I often divide the word Nirvana into three syllables – 'Nir' means no, 'Va' means burning and 'Na' means a state. It means a state of no burning of blind passions."

In contrast, given his Mahayana background, Shinran Shonin "defined Nirvana as the realm of oneness. Oneness means not two but one. It means there is no discrimination, no separation with other beings but always actively involve with others....This means that the Buddha who dwells in the world of Nirvana of peaceful bliss does not stay there, does not enjoy himself there but moves out of Nirvana and acts for the sake of living beings who are wandering with worries, suffering and fear. This means that a static Buddha becomes an active Buddha for all sentient beings....

"Shinran said all sentient beings, without exception, have been our parents and brothers and sisters in the course of countless lives in many state of existence. He sees all sentient beings through the eyes of the great compassion of namo amida butsu. Buddhism is not human-centered but sentient beings-centered. Bodhisattva vows start with the liberation of all sentient beings. We are one of sentient beings.

"One time I felt and realized this kind of compassion of oneness working in my life. We had a female dog. Her name was Hanako. She passed away 13 years ago. Her photo is over there (on the naijin platform) – a black Labrador. I was not necessarily a dog lover. So, there was always a distance between Hanako and me. Of course, I liked Hanako. 'Distance', I mean, my way of thinking that Hanako is a dog and I am human ... not one but two. She lived for 15 years. One early morning Hanako quietly passed away at our house...in the kitchen. Her favourite place. When I noticed her death, I touched her body and felt the warmth of Hanako. That brought tears to my eyes. Suddenly, I felt 'not two but one.'

"When we say 'sentient being' it means one who has feeling, one who has breath and one who has blood. The blood keeps the body

warm. A dog, Hanako was also a sentient being like me. In this sense all sentient beings, even a tiny insect and a tiny flower is connected with us. They are 'brothers and sisters' like Shinran said. Oneness expresses in namo amida butsu which is working everywhere and embraces all sentient beings. Through namo amida butsu we truly see that all sentient beings are connected like a spider web and made up our life in one."

Interfaith Panel on Death

On February 1st, I had the fortunate opportunity to participate in a panel talking about death from various religious perspectives. I was representing the Buddhist religion. There were 5 other panel members including: Atif Khalil representing the Muslim religion, Joel Bermach representing the Jewish religion, Gurpreet Singh representing the Sikh religion, Dr. Peter Koegler representing the Church of Jesus Christ of the Latter Day Saints and John Moerman who is the hospital Chaplain. Dr. Darren Heyland was the moderator. This event was organized through the new Lethbrtidge Interfaith Network and was hosted by the LDS church on 43rd Ave and Forestry road. There were over 100 people who attended.

My talk covered death from a general Buddhists perspective and specific to the Jodo Shinshu sect. I reviewed the cycle of birth and death and rebirth and the 6 realms of rebirth. The realms of hell, hungry ghosts, and animals are felt to be the evil realms of suffering and the realms of Nirvana, humans and Demigods are more desirable. The realm you are reborn into is determined by your past and current actions (Karma)

From a Jodo Shinshu perspective we also believe in the cycle of birth, death and rebirth but due to the compassion of the Buddha we believe our death will result in rebirth into Nirvana, Buddhahood or enlightenment. The ultimate aim of Buddhism is to achieve the state of enlightenment to escape the cycles of birth and death. However when we do achieve this state we instantly return to this earth to help others towards their enlightenment. As Jodo Shinshu Buddhist we should live our lives in gratitude for Amidas's primal vow and with compassion for all sentient beings.

Submitted by Roland Ikuta

Mar. 8: Spring Forward Sunday



Reminder to all that Daylight Saving Time goes into effect Mar. 8 at 2 a.m., so move your clocks ahead an hour to 3 a.m. if you're up at that time. Otherwise, set it an hour ahead before going to bed so that you're on time for Sunday service in the morning.

2020 Membership Form

| Full Membership (\$100 for each member) | Student Membership* |
|---|------------------------------|
| Last Name: | First Names(s): |
| Last Name: | First Names(s): |
| Home Address: | |
| City, Province, Postal Code: | |
| Telephone No.: | Cell: |
| Email: | |
| Check to receive The Hika | ri newsletter by email only. |

Please send this form and your remittance to: Buddhist Temple of Southern Alberta Treasurer 470 40th Street South Lethbridge, AB, T1J 3Z5

*Note

Student membership is limited to persons 18 years or older who are currently registered in a recognized educational institution. It is free of charge with a valid student ID card. Student Members are not entitled to vote at general meetings or to hold office in the BTSA and this category does not include membership in the Jodo Shinshu Buddhist Temples of Canada, the national organization.

LET'S EXPAND THE CIRCLE OF THE DHARMA!

Membership to Feb. 21 - 52

Ho-onko Donations

February 2020 Mitsuko Oga Lilly Oishi

Noris & Sachiko Taguchi Cathy Taniguchi Shirley Taniguchi George Tokuda

Total - \$400

Shotsuki Donations

February 2020

Joyce Adachi Yuri Delisle Ken & April Fleury Yoshio Fujimoto Dorene (Keiko) Gordon Randy Higa Shinako (Sheila) Higa Shirley Higa Neil Hinatsu Terry Horii Thomas & Mariko Mura Shiq & Katie Nakagawa Sway & Toshiko Nishimura Yoko Nishimura Arline Oishi & Jeff Coffman Heidi Oishi

Lilly Oishi
Sylvia Oishi & Terry Hanna
Darcee Richardson
Ayumi Sawada
Yoshiko Sawada
Sachi Scharf
Emily Stitt
Harry Sugimoto
Kazuko Sugimoto
Noris & Sachiko Taguchi
Robert & Judy Takaguchi
Fugi Takeda
Eichi & Betty Tanaka
Jim & Irene Tanaka
Joe & Sumiko Tomiyama

Total - \$1,980

Other Donations

February 2020

Estate of Elsie Ablonczy Richard & Valerie Boras Geri Bronson John or Nancy Brown CanadaHelp.Org Carolyn Coverdale Judy Fukushima Dorene (Keiko) Gordon Judy Hasinoff Rumiko Ibuki Akira & Lorita Ichikawa Rev Yasuo & Sachi Izumi Gave Kimura

Muriel Kollo Pamela Miller Joe & Marion Mori Alexander & Fay Oakes Mitsuko Oga Heidi Oishi Joanne Overn Jagjit S. (Jack) & Jeet Panesar Estate of Florence Senda Sumio & Shirley Setoguchi Cynthia Sisk Edger Tobie Smith Eichi & Betty Tanaka Masave Tanaka Tak & Yoko Tsujita Ron & Kathryn Yoshida

Total - \$14,588

Please inform us if your name has been omitted from or misspelled. Anyone wishing not to be acknowledged in print, please let us know so it will not be published. Thank you.

Wanted: Stamps & Coins



Just a reminder to save Stamps and Foreign Coins for the Women's Federation.

The stamps collected last year generated \$255 which was sent to Save the Children (used for uniforms, text books, medical supplies, clean water, medical care and fruit trees).

Air Canada passes on foreign coins to help children in need.

Stamp Information:

- Interested in special commemorative issues of Canadian & American postage stamps.
- Prefer stamps to be trimmed, leaving a 1/4 inch to 1/2 inch paper border, being careful not to damage the perforations.
- Welcome all foreign stamps.
- Interested in postcards or entire envelopes dated prior to 1950. Kindly ship without removing the stamp as they are greatly sought after by many collectors
- Do not require stamps to be soaked and removed from envelopes
- Not interested in meter stamps (machine)
- Not interested in everyday definitive "flag" stamps

Jar for stamps and coins is in the community room at the temple.

Thanks for your donations, In gassho, Donna Dubbelboer

TOBAN UPDATE

Toban 4 is up for March with Monthly Memorial (Shotsuki) on March 1.

Thanks to **Toban 3** for teas in February.

Soup Kitchen dates are Friday March 20 (Toban 4), Thursday April 23 (Toban 2) Friday May 22 (Lilly's crew), Monday June 22 (Please notify Lorita if there are any changes).

Remember: You don't have to join a toban to Volunteer nor be a BTSA member to help and join our activities. For further information please contact: lorita.ichikawa@gmail.com

REGULAR EVENTS

NCS Adult Taiko Tuesdays @ 7pm Contact David Tanaka 403.330.1548, tanako.david@gmail.com

Minyo Dance I Tuesdays @ 4pm Minyo Dance II (Beginners Level) Mondays @ 6pm *See Announcements for further information about the season. Contact Pat Sassa 403.329.3105 or sas7@telus.net

Tonari Gumi Tuesdays @ 1 pm Contact Heidi Oishi 403.330.6461 or heidi.oishi@gmail.com

ANNOUNCEMENTS

Condolences

Hisae Betty Nakamura (86) passed away on February 1, 2020

Ongoing Yoga

The two Yoga classes offered in the winter led by Valerie Kunimoto will be 75 minutes each.

Gentle Restorative Yoga, 10:45 am -12:00 noon and **Gentle Beginning Yoga**, 9:15 – 10:30 am will continue on Wednesdays running to April 1.

Minyo Dancers wish to begin practice on March 30, 7-8pm to focus mainly on one dance which is the theme Minyo for the Tokyo Olympics. Regular Bon practice will start on June 1st. We hope to include this as one of the Bon dances. It would be great to have a show from the "guys" too!

Meditation at Temple



A trial meditation program led by Roland Ikuta that began in January continued through February and is scheduled through May on every second and fourth Thursdays at 7 p.m. Remaining dates are: March 12 and 25, April 9 and 23, and May 14 and 28. All interested persons are welcome to attend. There is no charge to participate.

The program includes silent meditation focusing on breathing (five minutes), walking (20 minutes), and chanting (15 minutes). The program will try to incorporate monthly exercises to lead an engaged spiritual life taken from the book by Donald Rothberg, entitled *The Engaged Spiritual Life: A Buddhist approach to Transforming Ourselves and the World.*

Mein-Making

Calling all mein-making craftswomen and men, members and Dharma friends: the spring mein-making session is set for March 14, and the temple will be needing all the help it can get for this important event. Mein noodles which are in great demand are needed for the spring chow mein supper that's coming up later.

The session begins at 8 a.m. and continues until the final noodle is bagged. BTSA looks forward to your usual great turnout to assist in this event. Thanks all.



Cut dough...



into small pieces



...for noodle maker.



Readied for frying...



into three woks.



Then, cooled.

Jodo Shinshu Buddhist Temples of Canada AGM April 22-26, 2020

Tuesday, April 21:

Ministers and Board Members arrive; meetings go on throughout the week.

Friday, April 24:

Delegates arrive from Vancouver, Steveston, Fraser Valley, Kamloops, Kelowna, Vernon, Calgary, Winnipeg, Hamilton, Toronto and Montreal. Representatives for the various chapters of the Women's Federation and committee members of the Living Dharma Centre will also be attending meetings. The majority of the business for each of these groups and for the AGM is expected to be completed by Friday evening.

Saturday, April 25:

Workshops and Dharma talks will be organized which are open to all who are interested. Saturday evening is a joint AGM and BTSA 10th Anniversary banquet at the Coast Hotel. See detail below.

Sunday, April 26:

Service with BTSA members followed by lunch.

We require volunteers for the following:

- 1. Transportation between venues (depending on weather and mobility issues
- 2. Meeting/Meal Room set up for Friday, Saturday, Sunday
- 3. Snack and Meal preparation
- 4. Tobans will take turns hosting the various days of the AGM so stay tuned for more information from your Toban Leader.
- 5. Audiovisual support

Observers are welcome! Just let the organizers know so that we can include you in the meal planning.

If you have questions or concerns regarding this information, please contact Brenda Ikuta at 403.317.0078 or brenda.ikuta@gmail.com

In gassho,
Brenda Ikuta
2020 JSBTC AGM, Committee Chair

BTSA 10th Anniversary Celebration in conjunction with JSBTC AGM Banquet

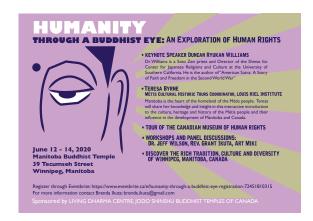
Saturday, April 25 Coast Lethbridge Hotel 526 Mayor Magrath Dr. S. Continental Ballroom, Mall Level

> Cocktails at 5:30 p.m. Dinner at 6:00 p.m. Program to follow

Cost: \$50/person; \$25/BTSA member Free for BTSA members who are 80+ years \$15 for children 10 years and younger

Everyone requires a ticket whether it is free or not Deadline for acquiring tickets: April 12, 2020 Contact Val Boras: 403.308.3311 vfboras@live.ca

June Conference, Winnipeg



Advanced information about a conference entitled "Humanity Through a Buddhist Eye: An Exploration of Human Rights" June 12-14 in Winnipeg is provided to inform members and Dharma friends of its content and intent. The event is sponsored by The Living Dharma Centre, Jodo Shinshu Buddhist Temples of Canada at the Manitoba Buddhist Temple.

The objectives are (1) to increase awareness of various societal barriers that communities experience; and (2) to deepen an appreciation of the interdependence and oneness of all life, by sharing stories, engaging in honest conversations and listening to others. The hope is that attendees will be inspired to participate in shared actions and movements that make our communities inclusive and welcoming to everyone.

CONFERENCE INFORMATION

Dates: June 12-14

Location: Manitoba Buddhist Temple, 39 Tecumseh St. Winnipeg, Manitoba R3E 0J8, Ph: (204) 774-9267 **Registration:** \$175/participant; Early Bird tickets at \$150/participant until May 12, 2020.

Preferred method of Registration and Payment through **Eventbrite**:

https://www.eventbrite.ca/e/humanity-througha-buddhist-eye-an-exploration-of-human-rightsregistration-72451810315 **Password: ingassho**

If you are unable to pay through Eventbrite, payment may be made by cheque (received no later than **May 12, 2020**) payable to:

Buddhist Temple of Southern Alberta Addressed to:

"Humanity Through a Buddhist Eye" Conference c/o Buddhist Temple of Southern Alberta 470 – 40th Street South Lethbridge, Alberta T1J 3Z5

No refunds will be issued after May 12, 2020.

HOTEL

Humphry Inn and Suites 204.942.4222

260 Main St. Toll free: 877.486.7479

Winnipeg, MB. R3C 1A9

Website: https://www.humphryinn.com
Rate: \$109/night (double queens)

Group reservation: Jodo Shinshu Buddhist Temples of Canada

Deadline for booking at the group rate: May 11, 2020

*Free cancellation prior to May 12, 2020

Hot breakfast buffet included Parking available at \$10/night

Shuttle service: Hotel airport shuttle is not available

MEALS

Registration includes Friday dinner, Saturday dinner and Sunday lunch. Please contact the organizers if you have special dietary restrictions by May 12, 2020.

SPEAKER BIOGRAPHIES

Duncan Ryukan Williams is currently Professor of Religion and East Asian Languages & Cultures and the Director of the USC Shinso Ito Center for Japanese Religions and Culture and former Chair of USC's School of Religion. Previously, he held the Shinjo Ito Distinguished Chair of Japanese Buddhism at UC Berkeley and served as the Director of Berkeley's Center for Japanese Studies for four years. He has also been ordained since 1993 as a Buddhist priest in the Soto Zen tradition and served as the Buddhist chaplain at Harvard University from 1994-96.

His latest book is American Sutra: A Story of Faith and Freedom in the Second World War (Harvard University Press, 2019), which reached #3 on the LA Times Bestseller List for Nonfiction. More about Duncan Williams at his website https://www.duncanryukenwilliams.com

Teresa Byrne, Métis Cultural Historic Tours Coordinator, Louis Riel Institute (more information to follow)

Rev, Grant Ikuta received Kyoshi Ordination in May 1990 and completed his Master's Program in Shinshu Studies Ryukoku University, in 1992. He became the first Canadian Sansei (third generation Japanese-Canadian) and third generation minister to serve within the Buddhist Churches of Canada. He has served as Minister at the Toronto Buddhist Church from 1992 – 2008 and as Bishop of Jodo Shinshu Buddhist Temples of Canada (2011-2013). From 2008-present he has been the Minister at Steveston Buddhist Temple. In addition to his ministerial duties at Steveston Buddhist Temple, he is an instructor for the English Jodo Shinshu Correspondence Course.

Jeff Wilson is Chair of the Department of Culture and Language Studies and Professor of Religious Studies and East Asian Studies at Renison University College, University of Waterloo. He is the author of many books and papers such as "Mindful America" and "Buddhism of the Heart." Dr. Wilson has received Tokudo ordination in the Jodo Shinshu Buddhist tradition and is a Tokudo Minister Assistant at Toronto Buddhist Church.

Art Miki (more information to follow)

ITINERARY

Friday, June 12, 2020

Morning Attendees arrive Optional activity(ies) 2pm Manitoba Buddhist Temple Welcome

Speaker: Rev. Grant Ikuta, "Buddhism and Human Rights" Workshop(s): Reflection / Dialogue

5:30pm Share a Meal Together

7pm Manitoba Buddhist Temple

Speaker: Teresa Byrne, Métis Cultural Historic Tours Coordinator, Louis Riel Institute

An interactive presentation on the culture, heritage and history of the Metis people in Manitoba.

Questions and Answer period

Saturday, June 13

10:30am Canadian Museum of Human Rights (CMHR) guided tour

12:30pm Lunch on your own: "The Forks or Hargrave Market" The Forks offers many different culinary delights and cuisines in a historical landmark which straddles the Red and Assiniboine Rivers. Hargrave Market is a unique chef-centric food hall which is local, best of brand boutique sample of existing downtown restaurants.

Discover on your own: continue your journey through CMHR exhibits, explore the Forks, make your way to the Winnipeg Art Gallery or other downtown activities.

4:30pm Meet at hotel lobby for shuttle to Manitoba Buddhist Temple, Share a Meal Together

7pm Keynote Speaker: Duncan Ryukan Williams Panel discussion: Dr. Jeff Wilson, Rev. Grant Ikuta, Art Miki

Sunday, June 14

10am Service at Manitoba Buddhist Temple, Guest

Speaker: Duncan Ryukan Williams Share a Meal Together Depart

EVENING ACTIVITIES / THINGS TO DO

A Host Room will be available in the hotel for people to socialize on both Friday and Saturday.

If you arrive early or depart late, you may consider delving further into the culture, tradition and diversity of the beautiful city of Winnipeg: https://www.tourismwinnipeg.com

Winnipeg Art Gallery https://wag.ca/visit/hours-admission/*2nd Sunday of the month is free admission

Did you know that Manitoba was voted among 'hottest' tourist destinations of 2019? Check out the "Lonely Planet 2019 Best in Travel https://www.youtube.com/watch?time_continue=13&v=RNLgEr7t36g&feature=emb_title

If you have further questions or concerns, please email Brenda.ikuta@gmail.com or call 403.317.0078

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|--------------|--|---------------------------|---|---|---|----------------|--|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | *OFFICIAL BTSA AG 10:30am Shotsuki Monthly Memorial Service* BTSA AGM* 1 | 2 | 3 | 9:15am & 10:45am Gentle Yoga | 5 | 6 | 10:30am Explore Buddhism* |
| 00014 4 | 10:30am Eshin-ni and Kakushin-ni Service* | 6 pm Minyo II | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko | 9:15am & 10:45am Gentle Yoga 2pm LCC visit* 7pm Board Mtg* | 7 pm Meditation Program* 12 | 13 | 8am Mein-making* 10:30am Explore Buddhism* |
| MANCH. IODAN | 10:30am Spring Equinox Higan Service* | 6pm Minyo II | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko | 9:15am & 10:45am Gentle Yoga | 19 | 20 | 10:30am Explore Buddhism* |
| • | 10:30am Regular Service* | 6pm Minyo II | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko 24 | 9:15am & 10:45am Gentle Yoga 2pm LCC visit* | 7pm Meditation Program* | 27 | 10:30am Explore Buddhism* |
| | 10:30am Regular Service* | 6pm Minyo II 7pm Minyo | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko | | | | |
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | 9:15am & 10:45am Gentle Yoga | 2 | 3 | 10:30am Explore Buddhism* |
| 2 VICAO- | 10:30am Shotsuki Monthly Memorial Service* | 6pm Minyo II 7pm Minyo | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko 7 | 2pm LCC visit* 7pm Board Mtg* | 7 pm Meditation Program* | 10 | 10:30am Explore Buddhism* |
| A NE. O | 2pm Hanamatsuri (Buddha's Birthday)* | 6pm Minyo II 7pm Minyo | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko 14 | 15 | 16 | 17 | 10:30am Explore Buddhism* |
| | 10:30am Regular Service* | 6pm Minyo II 7pm Minyo | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko Minister's Meeting* | 22 | 7pm Meditation Program* | JSBTC Meeting* | 5:30pm BTSA 10th Anniversary Celebration @ the Coast Hotel* |
| | 10:30am JSBTC & BTSA 10th Anniversary Service* | 6pm Minyo II 7pm Minyo | 1pm Tonari Gumi 4pm Minyo I 7pm Taiko | 29 | 30 | , | |

HikaritheLight 8