



Outward Wise and Inward a Fool



Recently I happened to read the following words on a small pin someone left on a table: “Outward Wise and Inward a Fool.” The words are not expressed pointing to anyone. Actually, this was what Shinran Shonin (1173-1263) discovered in himself through listening to Honen (1133-1212), the foremost teacher among Buddhists in his time. It was said that Honen read all the Buddhist sutras five times during his lifetime. Despite his knowledge and wisdom, however, Honen never showed himself as outwardly wise but always held himself inwardly as a firm adherent of shinjin/entrusting heart to Amida Buddha. Throughout his life, Shinran regarded Honen as a transformed body of Seishi Bodhisattva of wisdom. In front of Honen, Shinran was able to be truly honest with himself and said, “My venerable teacher. I pretend outwardly wise to be a person of shinjin although inwardly I am full of foolishness. How shameful I am.” So, Shinran openly called himself “gutoku” meaning “foolish stubble-haired.”

Many years ago, I mentioned “gutoku” to one of our daughters who was a university student at the time. She said, “I am not foolish! I am an educated person!” I agreed with her. But if we

understand “gutoku” in a way she said we would miss what Shinran discovered and experienced. I explained to her that Shinran Shonin, a founder of Jodo Shinshu often used the word such as “foolish” or “evil” in his writings, not to indicate “idiot” or “devil” but rather one who has a mind of greed, anger, hatred, jealousy etc. in his/her daily life. Then I asked her, “In this context, do you think you are foolish and evil?” She reluctantly nodded her head in agreement.

The lamentation of “Outward wise and inward a fool” came from a person who reflected deeply and sincerely in the light of Amida Buddha of true wisdom and compassion. Shinran further wrote:

*Extremely difficult is it to put
an end to our evil nature;
The mind is like a venomous
snake and scorpion.
Our performance of good
acts is also poisoned;
Hence, it is called false and empty practice.*

When a light comes through an opening of a curtain it is natural that we clearly see dust motes. Yes, the brighter the light of Amida’s wisdom the greater our sense of human imperfection and ignorance. Those who encounter the light see the darkness and at the same time feel the firm grasp of the light which the follower of Jodo Shinshu call Amida’s working expressed in his call, namo amida butsu. Shinran found peace of mind in Amida’s deep compassion constantly working for and embracing him. Later in his life, Shinran quoted the words of his teacher Honen: Persons of the Pure Land tradition attain birth in the Pure Land by becoming their foolish selves.

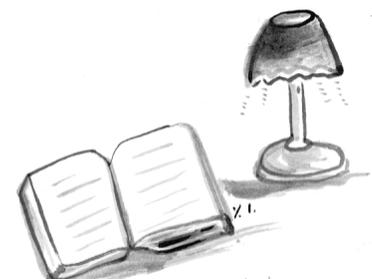
活気

9月になり、新学年が始まり、子供たちも活気を帯びてきました。生き生きとして学校に行く子供を見ていると、こちらも何となく元気が出てきます。活気という言葉の「活」は、水が勢いよく流れる、という意味になっています。水が流れることをやめると、やがて水は「にごり」、「腐って」いきます。流れる水のように、人間も常に考え、常に動く、ということが必要でありましょう。それが失われると、老化現象の促進にもつながるかもしれません。それにしても、親鸞聖人が、平安時代の後期から鎌倉時代にかけて、90年の命を生きられたということは驚きのほかありません。聖人の生きられたころは、貴族中心社会から武家による政権統治に移る時で、いわば社会の混乱、激動期でありました。そのような時代の変化の中で、親鸞聖人は、変わらぬ真実からの呼び声、仏様の願いから躍動するお念仏、を心の支えとされ、思索と伝道の旅にご一生を過ごされたのです。

9月を迎えて、仏教会も再出発です。いろいろな行事が控えていますが、まず仏様の前に坐り、ますます聞法させていただきましょう。

合掌

南アルバータ開教使 泉康雄



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Yasuo Izumi, Minister
Buddhist Temple of Southern Alberta

CHAIR SCHEDULE September & October 2018

Services begin at 10:30 a.m. unless otherwise indicated.

Sept 02

Chair: Jeff Haines
Audio: Sway Nishimura

Sept 09 SHOTSUKI

Chair: Kynan Gordon
Audio: Akira Ichikawa

Sept 16

Chair: Ross Jacobs
Audio: Brenda Ikuta

Sept 23 OHIGAN

Chair: Sylvia Oishi
Audio: Ross Jacobs

Sept 30

Chair: Harry Sugimoto
Audio: Tak Okamura

Oct 07 SHOTSUKI

Chair: Ross Jacobs
Audio: John Dubbleboer

Oct 14 No Service -

Fall Chow Mein Supper

Oct 21

Chair: Sway Nishimura
Audio: Akira Ichikawa

Oct 28

Chair: Ross Jacobs
Audio: Brenda Ikuta

one word should not be added, not be subtracted. We must do solely as he says. Therefore, we should apply the same as right dependable sutras of our school.

Again, in the sutras which are auxiliary dependable sutras of the Path of Sages, there are many testimonial statements.

In the Lankavatara sutra it says:

The Dharma Body, the Fulfilled Body, the Transformed Body and the Incarnated Body who appeared in the various Buddha Lands of the ten quarters of the sentient beings and bodhisattvas were all emerged from the Land of Highest Happiness of Amida Buddha.

Again, in the Pratyutpanna Sutra, it says:

*Various Buddhas in the three periods
By the samadhi, contemplating on Amida
Attain Equal-True-Enlightenment.*

Therefore, it is clear that the various Buddhas who after fulfill their vows and practices of benefitting self and benefitting others will be a Buddha and also that after becoming a Buddha, according to individual capacities, skillfully educate sentient beings by dividing the Fulfilled, Accommodated and Transformed-Body, are based on Amida Buddha as their master. (To be continued.)

Higan Observance September 23



The fall Ohigan will be observed at the Sept. 23 Sunday service. "Higan" is commemorated in Jodo Shinshu twice each year close to the spring and autumn equinox when day and night are temperate and about equal in length, evocating climatic balance as well as personal harmony.

The Nishi Hongwanji notes that "higan comes from the Sanskrit word Paramita, 'gone to other shore,' and suggests the Six Paramitas of charity, morality, patience, effort, meditation, and wisdom. Various sutras teach that six paramitas or perfections of practice are the way of reaching the other shore from this shore."

July 15 – BTSA Obon Service



Translation 17

This is a continuation of translations of Kudensho (Note On Oral Transmission) begun in the September, 2016 Hikari. Kudensho is a Jodo Shinshu historic text believed to have been written by Kakunyo (1270-1351), a great-grandson of Shinran, and translated by Rev. Phillip Eidmann and Rev. Yasuo Izumi.

The Fulfilled Tathagata (Amida Buddha) in Jodo Shinshu Produces Three Bodies which are common to the various schools of Path of Sages

To determine that Amida Buddha is the Fulfilled Body is a common point of discussion since ancient times both in our school and in other schools, and it is an old topic. Therefore, Keikei of Tendai school says: "Of what is praised in the many teachings, many are about Amida Buddha." And venerable Kakuun of Danna-in explains: "The Amida Buddha who attained in the remote past, is different from various sutras." Moreover, putting former teachers in Japan aside, the great master Zendo (Shan-tao) of China says in his commentary:

"From the first Virtuous Ocean Tathagata above, to Shakyamuni and various Buddhas of the present, all ride on the universal Vow and practice both of Compassion and Wisdom" and so on.

It is a clear fact, therefore, that from Virtuous-Ocean Tathagata to our teacher Shakyamuni, various Buddhas who appeared in this world one after another, have ridden on the universal Vow of Amida Buddha and practiced which benefits self and benefits others.

As Kakuun's comment shows, the original form of Shakyamuni is Amida Buddha who was enlightened in the remote past; comparing this with Zendo's previous statement, it is an inevitable fact and literal testimony that all Buddhas after the first Virtuous Ocean are all the Transformed Body of Amida Buddha who was enlightened in the remote past. Zendo said that as long as copy of the commentary, one phrase and

Minister's Assistant Program and Pacific Seminar

The Buddhist Churches of America and the Institute of Buddhist Studies held a joint Minister's Assistant Program (MAP) and Pacific Seminar July 19 to 22. I had the pleasure of attending both. I live in Brooks, Alberta and have been attending the Buddhist Temple of Southern Alberta in Lethbridge for three years. Brooks and Lethbridge are 155kms apart so my time spent with fellow Shin Buddhists is very valued. This event was a great opportunity for me to meet with other practicing Shin Buddhists.

As a student at IBS, enrolled in the Certificate of Shin Buddhist Studies program, it was a unique opportunity to travel to Berkeley, CA., as all my courses have been completed through distance education. The facility in which the event was held was beautiful and I was able to stay on site. All of the staff and volunteers of both the BCA and IBS were generous with their time organizing the event and feeding all the people who attended from all over North America.

The first two days consisted of material related to the Minister's Assistant Program. Rev. Akinori Imai started the sessions off with a wonderful discussion of his path through to becoming a Minister, the role of the Minister's Assistant and his translation of Pure Land Thought as Mahayana Buddhism by Yamaguchi Susumu. It was an inspiring talk which eased many of the Ministerial aspirants concerns over the difficulty of the path undertaken. The next discussion was led by Rev. Kiyonobu Kuwahara, the resident minister of the Berkeley Buddhist Temple. This particular talk focussed on T'an-luan, one of the Seven Masters of Jodo Shinshu Buddhism. It was an informative session adding detail to the progression of thought that ties the tradition of Buddhism with Shinran Shonin. It was amazing to see the amount of work that Rev. Kuwahara has put into researching and making the material accessible to new students. The last day of the MAP sessions included a lecture from Rev. Dr. Jerome Ducor from Geneva, Switzerland. His talk focussed on the development of Shin Buddhism in Europe. It was a great opportunity to listen to such a knowledgeable person in the area of Shin Buddhism and such a unique perspective from the status of Shin Buddhism in Europe. Finally, the last portion was a chanting session as led by Rev. Harry Bridge. Rev. Bridge seems to have an exhaustive knowledge of chanting and its particulars. It was a wonderful opportunity to learn more about the history of chanting and many of the more technical aspects. The MAP sessions also included two discussions sessions. The first was on successes and issues in ministerial assistant work, followed by a discussion on how ministerial assistants should handle questions of social justice at the temple. Both discussions were quite informative on the different issues some of the temples in North America are facing.

The Pacific Seminar started on the evening of July 20, with an opportunity to socialize with many of the different ministers from surrounding temples. It was a pleasure to talk with them and see how down to earth and humbling their personalities were. The topic of the seminar for the weekend was *What is Enlightenment?* Rev. Dr. Jerome Ducor spoke on Saturday morning at length about the progression of thought within the

Shin Buddhist tradition and on Shinran's view of enlightenment. Rev. Ducor was a great speaker and his discussion drew people in as his knowledge of the tradition was quite profound. The afternoon sessions continued on the theme of enlightenment, but with lectures from three different Buddhist traditions. These included the Venerable Tathaloka Theri from a Theravadin perspective, Dr. Paula Arai on the Soto Zen, and Ms. Mayumi Kodani, a PhD candidate, on the Tibetan perspective of enlightenment. Each one of their discussions was extremely informative and spoken with great knowledge. It was fascinating to listen to the similarities and differences of all four traditions on what it means to be enlightened. The Pacific Seminar ended with a panel discussion with all four speakers responding to any questions posed by the participants. In particular all four responded eloquently to issues surrounding Social Justice. From topics such as climate change, war, poverty or inequality. Each gave great insight on how each individual has a role in each Buddhist tradition on a day to day basis, but that also as a group greater efforts for systemic change must also be challenged.

The overall experience for me personally was nothing short of amazing. Since I have started attending temple in Lethbridge, the temple members have been nothing but supportive and kind. The opportunity for me to study online has only deepened my understanding and commitment to the Shin Buddhist tradition. The MAP and Pacific Seminar were another step along my path to further enriching myself and helping spread the Dharma.

Jeff Haines

Yoga classes to begin in September

We are extremely pleased to have Valerie Kunimoto back and leading yoga classes commencing on Wednesday September 19 at the temple. Two one-hour classes will be offered. Gentle Beginning Yoga at 9:30-10:30 am and Gentle Restorative Yoga at 11am- 12 noon, will run on Wednesdays, September 19 to November 14 (excluding October 17). Each class ends with a guided relaxation to counter the effects of stress and create stillness in the mind and body. Suggested donation for each 8 week session is \$40 for BTSA members and \$60 for the general community payable to BTSA the first day of class.

Gentle Restorative Yoga (11 am) This relaxation-focused class begins with simple breathing practices to develop a deeper awareness of the breath. It then moves from gentle warm-up stretches into the stillness of restorative yoga postures supported by props which release deeply held tension in the body's muscles and joints. All participants should be comfortable moving from sitting on the floor to standing to supine positions.

Gentle Beginning Yoga - "taking the next step" (9:30 am) This class will guide students through the basics of yoga - simple breathing practices, gentle warm-up stretches, standing and balancing poses, gentle backbends, and various forward bends and twists. There will also be a few restorative poses introduced throughout the session. Each participant should work at their own pace, so modifications will be taught as needed.

Please contact lorita.ichikawa@gmail.com or 403-327-1668 to register.

Membership to August 25: 170

Obon

July August 2018

Jane Adachi
Joyce Adachi
Yuki Adachi
Yosh & Sue Aimoto
Eiko Aoki
John & Rita Aoki
Stan Bandura
Lorne & Mayumi Tanigami-Bunney
Liane Burdikin
John & Donna Dubbelboer
Brad & Jessica Fujimoto
George Fujimoto
Mark Fujimoto
Mitsuyo Fujimoto
Nob & Yoko Fujimoto
Teresa Fujimoto
Yoshio Fujimoto
Judy Fukushima
Dorene Gordon
Tomoko & John Greenshields
Jeff Haines
Maureen Hatanaka
Gary Higa
Helen Higa
Randy Higa
Shinako Higa
Shirley Higa
Neil Hinatsu
Lois Hinz
Tsuyoshi & Mariko Hironaka
Tomi Hisaoka
Rumiko Ibuki
Toshimi & Marian Ibuki
Akira & Lorita Ichikawa
Judy M. Irvine
Rev. Yasuo & Sachi Izumi
Ray & Donna Journoud
Lily Kaga
Sab & Kiyomi Kamitakahara
Eleanor Katakami
Michie Kawasaki
Aki Kimoto
Aiko Kimura
Chizuko Kimura
Howard or Daryl Kimura
Bill & Sherry Kinoshita
Jerry & Cathy Kinoshita
Hiroshi Kitagawa
Isamu Koyata & Claire Moriyama
Jane or Hikoza Koyata
Dave & Val Kunimoto
Eileen Kunimoto
Katoye Maruno
Toru Maruno
Yasue Maruyama
Mineo Masuda
Kay K. Matsuda
May S. Matsumiya
Kinuko Matsuno
Yutaka & Chiyomi Matsuno
Gary E. & Beverly S. McIlroy
Joyce Miyashita
Joe & Marion Mori
Ayako Murakami
Mark & Shelly Murakami
Ken & Vickie Nakagama
Jim & Joan Nakagawa
Shig & Katie Nakagawa
Teiji Nakamura
Yoshiye Nakata
Roy & Minie Nakatsuru
Ken & Mary Nishi

Mitsuko Nishi
Sharon Nishi
Hideo & Jennifer Nishi
Kei & Margo Nishida
May Nishikawa
Sway & Toshiko Nishimura
Norreen Nishiyama
Reyko Nishiyama
Mitsuko Oga
Noriko Oga
Ken Ohno & Nancy Eng
Kimiko Ohno
Setsuko Ohno
Heidi Oishi
Lilly Oishi
Sheila Oishi
Sylvia Oishi and Terry Hanna
Tak & Jan Okamura
Doreen G. Osaka
Doug Osaka
Evelyn Osaka
Larry Osaka
Yumiko Osaka
Duke & Aki Oshiro
Evan Oshiro & Marcie Jaedicke
Joanne Planidin
Hisae Price
Tomomi Saka
Tadanori & Chieko Sakaguchi
Irene Sakamoto
Shig Sakamoto
Tobie Sakamoto
Roy & Pat Sassa
Florence Senda
Bob & Eiko Shigehiro
Joe & Mary Shigehiro
Tom & Mitsuko Shigehiro
Toshino Shigemi
Takaaki & Hajime Shigemi
Irene Sakamoto
Tom & Fumi Shimozaawa
Nobuko & Mary Shono
Tomiko Shono
Emily Stitt
Harry Sugimoto
Kazuko Sugimoto
Tomiko Sugimoto
Noris & Sachiko Taguchi
Brian Tajiri
Tsuayoko Tajiri
Kazuko Takaguchi
Robert & Judy Takaguchi
Fugi Takeda
Cathy Takeda
Gary Takeda
Tomiko Takeyasu
Irene Takigawa
David & Linda Tanaka
Eichi & Betty Tanaka
Glen & Pamela Tanaka
Harry & Betty Tanigami
Betty Taniguchi
David Taniguchi
Ayako Taniguchi
Shirley Taniguchi
Brenda & Lester Tanner
Amy Tashiro
Bill & June Terakita
Carolyn Terakita & Dr. Leigh J. Morris
Akira Terashima
Bill Teshima
Margaret & Bob Thole
Clifford Thomas
George Tokuda
Shizuo & Dorothy Tomita
Jim, Marion & Shannon Tomiyama
Joe & Sumiko Tomiyama
Kaz & Marjory Tomomitsu

Tak & Yoko Tsujita
Dean Tsukishima
Keiko Kay Tsukishima
Mutsuko Tsukishima
Sumie Tsukishima
Wayne & Amy Tsukishima
Yoshiko Tsukishima
Brian & Marjene Turnbull
Keith & Kathleen Turnbull
Ken & Ruby Yamamoto
Total - \$12,647.50

Shotsuki Hoyo July & August 2018

John & Rita Aoki
Malcolm & Mary Clewes
Shirley Higa
Neil Hinatsu
Tomi Hisaoka
Rumiko Ibuki
Yuji or Dirce Kado
Lily Kaga
Hiroshi Kitagawa
Dave & Val Kunimoto
Chiyoko May
Gerry Miyashiro
Jim & Joan Nakagawa
Roy & Minie Nakatsuru
May Nishikawa
Sway & Toshiko Nishimura
Reyko Nishiyama
Noriko Oga
Ken Ohno & Nancy Eng
Kimiko Ohno
Setsuko Ohno
Heidi Oishi
Lilly Oishi
Irene Sakamoto
Toshino Shigemi
Nobuko or Mary Shono
Emily Stitt
Kazuko Sugimoto
Noris & Sachiko Taguchi
Robert & Judy Takaguchi
Fugi Takeda
Irene Takigawa
Glen & Pamela Tanaka
Masaye Tanaka
Betty Taniguchi
Bill & June Terakita
Clifford Thomas
Total - \$2,122.50

Other Donations July August 2018

Takako & Ronald D. Bellegay
Ayako Endo
Meredith Magathan Haluschak
S.M. Hikida
Rumiko Ibuki
Hugh Izumi
Rev. Yasuo & Sachi Izumi
Deanna Jones & John Wolsey
Mike Kado
Mona Kado
Chizuko Kimura
Jodo Shinshu Buddhist Temples of Canada
Florence Senda
Herb & Lissa Tanigami
Betty Taniguchi
Tonarigumi Lethbridge & District Senior Citizen
Drop-in Centre
Sumie Tsukishima
Vernon Buddhist Association
Total - \$4,992.59

Temple Improvements

A mirror in the multipurpose room and lights under the cooking area canopy in the kitchen were upgraded to the temple during the summer. The mirror and shoji-style covering were added at the request of the Nikkei Cultural Society which paid for the installation. The mirror will aid dancers with learning their movements and was used extensively during the past bon odori practices.

The lights under the canopy were suggested by Jim Tsukishima who was concerned about the make-shift light clamp used in the past. The new lights are shatterproof and will brighten the cooking area. Our thanks to Jim for his suggestion and to Eichi Tanaka who installed the mirror and designed and built the cover.



Please inform us if your name has been omitted from or misspelled in the donation lists. Anyone wishing his/her name not to be acknowledged in print, please let us know so it will not be published. Thank you.

REGULAR EVENTS

The Lethbridge Karaoke Club Wednesdays @ 1pm
Contact Nao 403.327.7357

NCS Adult Taiko Tuesdays @ 7pm
Contact David Tanaka 403.330.1548, david@albrio.com

ANNOUNCEMENTS

Condolences

Jared Masaru Fujimoto (Edmonton), 47, passed away on July 20
Shizue (Sue) Kado, 87, passed away on August 04, 2018

TOBAN UPDATE

With fall coming too quickly, **Toban 3** will be in charge of September activities. However it is never too late to thank **Toban 2** for preparation of the delicious, well-attended supper following the Shotsuki/Obon service in July. Don't forget that all toban groups, members and friends will be welcome for the mein-making September 14 -15 coordinated by Emily and her crew. Thanks to all for your volunteer energy! Contact: Lorita at 403.327.1668 or lorita.ichikawa@gmail.com

Schedule

Sept: Toban 3 Oct: Toban 2 Nov: Toban 4

JSBTCWF Collects Foreign Coins - Every Bit Counts!



The JSBTC Women's Federation (WF) is actively involved in a remarkable national fundraising activity - the Air Canada Every Bit Counts program.

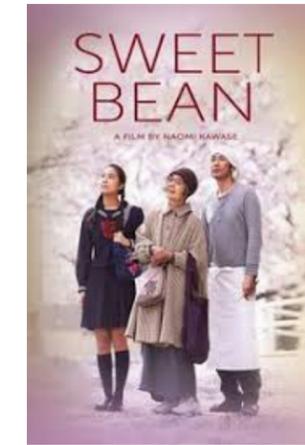
The WF gathers donated loose change of all denominations from around the world which is a great way to get rid of small change for places you might not go back to for a while! The WF consolidates the change from the temples annually and it is taken to our Air Canada contact for inclusion in the program.

The proceeds are then distributed to causes and organizations that are supported by the Air Canada Foundation. While the Foundation's primary focus is the health and well-being of children, it also offers support to major health-related causes that benefit Canadians and an active participant in international humanitarian relief activity as the need arises.

Recently, the proceeds of this program were donated to the Children's Miracle Network and their member pediatric hospitals across Canada.

If you have spare change from your travels that you no longer need, please drop it off in the WF Used Stamp container at the temple. Your involvement is appreciated!

Movie Night at the Temple



Student Appreciation Night on Sept. 29 begins with a curry dinner at 6 p.m., followed by the movie at 7:30 p.m. "Sweet Bean", a 2015 Japanese drama, is the featured film. Admission is free, donations accepted.

In recognition of the return to school, we send a special invitation to post-secondary students.

In the film, "the manager of a pancake stall finds himself confronted with an odd but sympathetic elderly woman looking

for work. A taste of her homemade bean jelly convinces him to hire her, which starts a relationship that is about much more than just street food."

"The film centres around themes of freedom and joy, suggesting that by embracing our sensory experiences we may attain richer, more rewarding lives."

Running time 1 hr 53 min. No rating.

RSVP if you will be attending: sylvia.oishi@gmail.com

Mein-Making

A mein-making session is scheduled for Sept. 14 and 15, with a second one planned for Nov. 9 and 10 preparatory to the fall chow mein supper in October and the bake sale in December. We look forward to our hard-working members and friends to help again and assist at these important events.



Obon Season Recap

Obon, 2018, in July featured intense sun-dappled graveside services in surrounding towns and at Mountain View in Lethbridge, the BTSA bon odori at the Galt Garden, the BTSA obon service at the temple with many members and friends observing hatsubon (the first obon following the death of a family member) and the subsequent reception attended by the throng.

Please look over the following pictorial images.

Cemetery services



Brooks, July 1



Magrath, July 8



Temple Hill, July 8



Taber, July 8



Mountain View Cemetery, July 15

Bon Odori - Galt Garden, July 14



Yagura (stage) set-up



Lanterns are hung



MC Jeff Haines and Izumi Sensei



Mayor Spearman's Greeting



Dancers file in to begin



First Dance - "Wonderful Canada"



Kids join in



More dancers the merrier



Intermission - two taiko demonstrations



Sno-cone stand helpers



Concession tables



Ross mugging with Jeff



Tanko-bushi: last dance crowd



SEPTEMBER: TOBAN 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*OFFICIAL BTSA ACTIVITY						
						10:30am Explore Buddhism & Jodo Shinshu* 1
10:30am Regular Service* 2	3	4	1pm Karaoke 5	6	7	10:30am Explore Buddhism & Jodo Shinshu* 8
10:30am Shotsuki Monthly Memorial Service* 9	10	11	1pm Karaoke 2pm LCC visit* 7pm Board Mtg* 12	13	Mein-making* 14	Mein-making* 15
10:30am Regular Service* 16	17	18	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 19	20	21	10:30am Explore Buddhism & Jodo Shinshu* 22
10:30am Fall Ohigan Service* 23 30	24	25	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 2pm LCC visit* 26	27	28	10:30am Explore Buddhism & Jodo Shinshu* 6pm Dinner 7:30pm Movie* 29

OCTOBER: TOBAN 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 3	4	5	10:30am Explore Buddhism & Jodo Shinshu* 6
10:30am Shotsuki Monthly Memorial Service* 7	8	9	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 2pm LCC visit* 7pm Board Mtg* 10	11	12	10:30am Explore Buddhism & Jodo Shinshu* 13
Fall Chow Mein Supper No Service 14	15	16	1pm Karaoke 17	Ministers' Meeting & JSBTC Board Meeting Steveston Bud- dhist Temple 90th Anniversary (Rev. Izumi is away) 18	(Rev. Izumi is away) 19	(Rev. Izumi is away) 20
10:30am Regular Service* (Rev. Izumi is away) 21	22	23	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 2pm LCC visit* 24	25	26	10:30am Explore Buddhism & Jodo Shinshu* 27
10:30am JSBTC Day Service* 28	29	30	9:30am Gentle B Yoga 11am Gentle R Yoga 1pm Karaoke 31			