## **BUDDHIST TEMPLE OF SOUTHERN ALBERTA**

# HikaritheLight

Those who do not care for their future life are ignorant, even though they may understand 80,000 of sutras; but those who do care for their future life are wise, even though they may be unlettered women.



**Beyond time and space**, the words of Rennyo, the eighth descendant of Master Shinran, directly come to most of us who are educated in the sense of reading and writing. What Rennyo wanted to say was: "You are educated people. Perhaps you have knowledge about Buddha dharma. But do you really care about your own life, your own future destiny?"

Rennyo often used the words *gosho-no-ichidaiji*, a single importance of hereafter. It means that the ultimate purpose of Buddha dharma is to respond to the answer for our future life and live this life meaningfully with peace of mind.

Buddhism teaches that we humans have kept repeating the life of delusion due to excessive blind passions from time immemorial. Therefore, we must encounter infinite wisdom and boundless compassion of the Buddha in this life; otherwise, we will again repeat the life of delusion and suffering.

Shinran expressed his joy and gratitude when he encountered Amida in his life as follows: "Ah, hard to encounter, even in many lifetimes, is the decisive

BTSA Minister: Rev. Yasuo Izumi 403.382.7024 • yasuo123@shaw.ca 470-40 St S • Lethbridge, AB T1J 3Z5 403.327.1260 • www.theBTSA.com cause of birth, Amida's compassion, Amida's vow! If in this lifetime still you are entangled in a net of doubt, then unavoidably you must pass once more in the stream of birth-and-death through myriads of kalpas." Rennyo, who was born about 200 years after Shinran, wanted to say: "If you are not concerned and care for your future life you are not wise, even if you understand 80,000 sutras."

The future life means birth in the Pure Land, the realm of Nirvana, where there is no delusion but only the light of wisdom. The Pure Land is a symbolical expression of the realm of oneness and co-living. It is the realm of nonattachment. The future is not literally "future." We know that the future never comes. The destiny of the future life is always determined here and now, in this present life. The cause of future birth lies here and now in the present moment.

Our life does not go as we desire. The historical Buddha said that life is full of suffering, afflictions and dissatisfactions. Physical birth promises aging, sickness and death. Whether we like it or not we are here already. All of our knowledge and practices do not help in the face of old age, sickness and death. It cannot stop the repetition of the cycle of delusion and does not direct our future life to the Pure Land. For those people who care about their future life, however, the wisdom of the Nembutsu, the call of Amida which surpasses our world of wise and unwise, learned and unlearned, men and women has been working from beginningless beginning.

Yasuo Izumi, Minister

Buddhist Temple of Southern Alberta

## - Rennyo Shonin (1415-1499)

#### 藤の花

バンクーバー近辺は藤の花がそろそろ 咲く頃でしょう。アルバータでは寒い気候 のため、藤の花は見られないようです。「 藤の花」は、私たちの宗門の花として使わ れています。ですから私たちのお寺の中に は、いたるところに、この花を形どった模様 が見られます。薄い紫色の美しい花を咲か せるこの花は、下に向かって咲きます。とも すると、周りの人のことを考えずに高慢に なったりする私たちに、謙虚に生きる美し さを教えているようです。

5月は親鸞聖人のご誕生をお祝いしま す。阿弥陀如来の前で常に頭を下げ、真実 の世界を聞信しながら生きられた聖人、「 ただ念仏のみぞまことなり」と、偽り多いこ の世の中で90年のご生涯を力強く生きら れた聖人。お念仏の教えに遇うことのでき た喜びをもって、親鸞聖人のご誕生をお祝 い致しましょう。

合掌 南アルバータ開教使 泉康雄



# **BTSA Notes**

In preparing for Hanamatsuri in April, a dolly was used to cart the hanamido from storage to set on the naijin. We are frequently reminded that gratitude that is central to Jodo Shinshu manifests itself in manifold ways. While subjects of gratitude are usually fellow humans, other sentient beings or actions, why can't they be things like the dolly and similar inanimate objects?

Ryo Imamura sensei who visited southern Alberta years ago for an Alberta Buddhist Conference related his departure for Lethbridge. As he drove to the airport in the dark, rainy morning, he said the yellow freeway strips helped guide him safely to his destination. His appreciation of the highway lines that many of us take for granted became objects of gratitude to him.

Imamura sensei's story reminds us of all the inanimate utensils we can be grateful to for facilitating our lives.

Recently, the balance of our old hondo chairs that served us so admirably for many years was donated to the MMC Thrift Shop which received them with a gesture of appreciation. The chairs appear to have a further lease on life.

The foregoing came to mind while musing about the extent to which it's possible to express gratitude to inanimate objects, consistent with Jodo Shinshu principles.

Now, onto temple news. Because of the timing of the spring chow mein supper, a report about it will be forthcoming in the next Hikari. Hanamatsuri with guest Grant Ikuta sensei highlighted activities during April. Please check out an item about his talk and a picture essay of Hanamatsuri which attracted a large turnout

Two talks are scheduled in May in the temple speakers series-Dr. Roland Ikuta on May 4 and Maya Ichikawa on May 13. And, Jeff Haines will be in charge of the discussion group program following the shotsuki service on May 7.

On the slightly down side, the temple application for a picnic site missed the city deadline by a few days, the consequence of which is that BTSA will be foregoing its annual picnic this June. No park locations were available for either of the requested dates. In its place, the board has proposed a volunteer appreciation day barbecue at the temple sometime in June. Please watch for updates of this planned event.

Other forthcoming events include a movie night on June 2 at 7 p.m.; the Buddhism on the Bay tour, June 17-24; bon odori, July 15; and BTSA casino night, Aug. 5-6.

Parting thought: A reminder to thank your inanimate snow tires for their work this past winter as you switch over to summer or all-season tires. If you don't use snow tires, thank your allseason set.

Akira Ichikawa

# **JSBTC AGM Summary**

The Toronto Buddhist Temple was the site of the 2017 annual general meeting of the Jodo Shinshu Buddhist Temples of Canada on Apr. 22 and 23. Following is a summary of the highlights:

- Membership numbers was a topic. The JSBTC presented a five-year financial plan illustrating total membership numbers and board expenses. They have encouraged each temple to create a five-year plan. In creating the plan, among other things, think about how we can increase membership numbers from year to year.
- Socho Tatsuya Aoki agreed to another two-year term as Socho.
- We heard inspiring temple success stories.
- Calgary confirmed they will host the 2018 AGM.
- Vancouver tentatively agreed to host the 2019 AGM.

The Toronto AGM provided us with a venue to listen to the dharma, network among like-minded people and gain inspiration from the successes of other temples throughout Canada.

Submitted by Deanna Jones

# Report from 2017 JSBTC-WF AGM

It's always nice to renew acquaintances from across Canada, exchange ideas, enjoy good food and reinvigorate ourselves.

#### Activities since the last AGM

With the profits from the 2015 Women's Convention monies were allocated to:

Minister's Retirement Fund - \$120,000 Living Dharma Centre - \$20,000 WF Travel Reserve Fund - \$50,000 Balance to WF General Account

2017 - Dana day funds will be in the amount of \$2,000 each to Breakfast for Learning and Ronald McDonald House

The used stamps collected across Canada for 2016 raised \$205 for International Save the Children's Fund (\$30 orphan education, \$75 for stocking a medical clinic, \$50 for 1 pig and \$50 for one sheep).

Youth Funds are available. Temples should encourage their youth to apply for these funds to attend the Japan youth tour and other youth activities.

The WF membership dues going forward will be \$15 per member (including the fundraising component).

We celebrated the WF's 35th anniversary and the following past Presidents received a Certificate of Commendation - Terri Komori, Ritsu Saimoto, Pat Sassa, Jean Furukawa, Itoko Akune, Donna Dubbelboer, Jessie Ebata, Noriko Ikuta and Susan Huntley.

The WF will be considered a committee under the JSBTC which will have a minimum of four committee executives - Lori North, Phyllis Ohashi, Anne Stack and Myra Takasaki.

Submitted by Donna Dubbelboer

# Translation 6

This is a continuation of translations of Kudensho (Notes On Oral Transmission) begun in the September, 2016, Hikari. Kudensho is a Jodo Shinshu historic text believed to have been written by Kakunyo (1270-1351) a great-grandson of Shinran, and translated by Rev. Phillip Eidmann and Rev. Yasuo Izumi.

## Birth without the Body or with Body

It may be said that without losing the body, one can attain birth, because, although this filthy body of blind passions does not disappear, the matter of action of true settlement is completed and carried out. It is clear in the Primal Vow<sup>1</sup>. One should look at it. Next, those whose birth by various practices, unless they know the time of death and the eminent reception by buddhas and bodhisattvas, cannot even go to be born in the Womb of the Buddha Land and the Border Land.

Therefore, because they have nothing to expect at any time other than when this filthy body is lost or dies, Zen-e seemed to speak this principle. This is seen in the 19th Vow<sup>2.</sup> Concerning about the matter of superior and inferior, because birth by the Nembutsu is the Primal Vow, it reaches the sentient beings of the ten quarters everywhere. The birth by the various practices is not the Primal Vow because it is limited to those who are able to meditative and non-meditative good<sup>3</sup>. Birth with body of the Primal Vow and birth without body of 19th Vow which is not the Primal Vow are, indeed, high and low, afar and nor apart.

<sup>1</sup>Primal Vow: This means birth by the Nembutsu. Master Shinran emphasized that the source of uttering the Nembutsu, namo amida butsu, is the awakening to Amida's compassion.

<sup>2</sup>19th Vow: If, when I attain Buddhahood, the sentient beings of the ten quarters while awakening the mind aspiring for enlightenment and performing meritorious acts, should desire to be born in my land with sincere aspiration, and yet should I not appear before them at the moment surrounded by a host of sages, may I not attain the perfect enlightenment.

<sup>3</sup>Meditative and non-meditative good: Two types practices outlined in the Sutra of Contemplation on Amida Buddha. Master Shinran regards both as self-power practices that fails to accord with the Primal Vow.

## CHAIR SCHEDULE May & June 2017

#### Services begin at 10:30 a.m. unless otherwise indicated.

**May 07** SHOTSUKI Chair: Joyce Shigehiro Audio: Akira Ichikawa

May 14 Chair: Ross Jacobs Audio: Brenda Ikuta

May 21 Chair: Sylvia Oishi Audio: Ross Jacobs

**May 28** Chair: Val Boras Audio: Tak Okamura **Jun 04** SHOTSUKI Chair: Deanna Jones Audio: Tak Okamura

**Jun 11** Chair: Sheila Oishi Audio: Sway Nishimura

**Jun 18** Chair: Florence Senda Audio: Akira Ichikawa

Jun 25 Chair: John Dubbelboer Audio: Ross Jacobs

**MC designates:** if you are unable to chair on your assigned date or have made other arrangements on your own, please inform Sway Nishimura. Thank you.

# **BUDDHIST Q & A**

# Q. All kinds of buddhas and bodhisattvas sit or stand on lotus flowers. What is the meaning of the lotus flower?

A. The lotus flower is an important flower in Buddhism. In Jodo Shinshu, it symbolizes a person who encounters the compassion of Amida Buddha and lives this life cheerfully in crisis and humbly in success. Master Shinran says: When a person who hears and entrusts to Amida's Vow is praised by the Buddha as a person of vast and excellent understanding, such a person is called a pure white lotus.

The roots of the lotus are in muddy water, but the lotus flower rises above the mud to bloom fragrantly. Our world we live in is polluted with blind passions like mud.

Nourishing these blind passions is like lotus roots in the mud. However, we must live in Amida's compassion to rise above them like the beautiful, blooming lotus flower. (Y. I.)





## Toban 2 at Soup Kitchen

Thirteen members of Toban 2 turned out April 5, to prepare and serve lunch at the Lethbridge Soup Kitchen. Jim Tsukishima took the lead in preparing a macaroni and cheese casserole that many said was delicious. Thanks to all those who helped out. Back row, from left, Dorene Gordon, Betty Tanaka, Irene Sakamoto, Tom Shigehiro, Toshiko Nishimura, Jim, Chiyomi Matsuno, Akira Ichikawa. Front row, from left, Mitsuko Shigehiro, Joe Shigehiro, Yuse Matsuno, Sway Nishimura, and Mary Shigehiro.

# 2017 Membership Form

<ul> <li>Full Membership (\$100 for each member)</li> </ul>	Student Membership*
Last Name:	First Names(s):
Last Name:	First Names(s):
Home Address:	
City, Province, Postal Code:	
Telephone No.:	
Cellphone No.:	
Email:	
O Check to receive The Hika	ri newsletter by email only.
Please send this form and your rer	

Buddhist Temple of Southern Alberta Treasurer 470 40th Street South Lethbridge, AB, T1J 3Z5

#### \*Note

Student membership is limited to persons 18 years or older who are currently registered in a recognized educational institution. It is free of charge with a valid student ID card. Student Members are not entitled to vote at general meetings or to hold office in the BTSA and this category does not include membership in the Jodo Shinshu Buddhist Temples of Canada, the national organization.

# LET'S EXPAND THE CIRCLE OF THE DHARMA!

#### April 25, 2017 Membership: 177

#### Hanamatsuri Donations

April 2017 Yosh & Sue Aimoto Anonymous Cash Donors Eiko Aoki John & Rita Aoki Eietsu Chiba Flower Donations Judy Fukushima Dorene Gordon Shirley Higa Neil Hinatsu Tsuyoshi & Mariko Hironaka Tomi Hisaoka Rumiko Ibuki Toshimi & Marian Ibuki Akira & Lorita Ichikawa Christopher & Yumi Johnson Tom & Lily Kaga Sab & Kiyomi Kamitakahara Akiko Kimoto Chizuko Kimura Hiroshi Kitagawa Kay K. Matsuda

Kinuko Matsuno Yutaka & Chivomi Matsuno Joyce Miyashita Joe & Marion Mori Jim & Joan Nakagawa Shig & Katie Nakagawa Teiji Nakamura Roy & Minie Nakatsuru May Nishikawa Sway & Toshiko Nishimura Mac & Reyko Nishiyama Doreen Oakes Mitsuko Oga Noriko Oga Kaz or Setsuko Ohno Ken Ohno & Nancy Eng Kimiko Ohno May Ohno Arlene Oishi & Jeff Coffman Heidi Oishi Lilly Oishi Sheila Oishi Sylvia Oishi Tak & Jan Okamura Hisae Price Tadanori & Chieko Sakaguchi Irene Sakamoto Roy & Pat Sassa Craig & Sachi Scharf

Carol Sekiya Bob & Jane Senda Bob & Eiko Shigehiro Joe & Mary Shigehiro Joyce Shigehiro & Trevor Van Sluys Tom & Mitsuko Shigehiro Toshino Shiqemi Tomiko Shono Emily Stitt Harry Sugimoto Kazuko Sugimoto Noris & Sachiko Taguchi Kazuko Takaguchi Robert & Judy Takaguchi Fugi Takeda Barbara Takeda David & Linda Tanaka Eichi & Betty Tanaka Glen & Pamela Tanaka Masaye Tanaka Betty Taniquchi Cathy Taniguchi Shirley Taniguchi Jean H. Tatebe George Tokuda Shizuo & Dorothy Tomita Joe & Sumiko Tomiyama Tak & Yoko Tsujita Fujio & Yoshiko Tsukishima

Jim Tsukishima Sumie Tsukishima Keiko Kay Tsukishima Wayne & Amy Tsukishima Minoru Yoshida

#### Total - \$6,953.55

#### **Shotsuki Donations**

April 2017 Anonymous Cash Donors Jim & Atsuko Haqihara Chiduka Hamabata Nadine Hamabata Shirley Higa Tomi Hisaoka Rumiko Ibuki Tom & Lily Kaga Richard & Suyeko Kanegawa Stanley & Audrey Kanegawa Stuart Kanegawa Hiroshi Kitagawa Marvin & Sharon Koizumi Yutaka & Chiyomi Matsuno Teiji Nakamura Roy & Minie Nakatsuru Mitsuko Oga Kaz & Setsuko Ohno Ken Ohno & Nancy Eng Kimiko Ohno May Ohno Arlene Oishi & Jeff Coffman Lillv Oishi Maurice Oishi & Johanne Doucet Sheila Oishi Yumiko Osaka

Irene Sakamoto Roy & Pat Sassa Craig & Sachi Scharf Emily Stitt Harry Sugimoto Kazuko Sugimoto Tomiko Sugimoto Yosh Taguchi Kazuko Takaguchi Robert & Judy Takaguchi Toshiko Takeda Ward & Susan Takeda Glen & Pamela Tanaka Joe & Sumiko Tomiyama Fujio & Yoshiko Tsukishima Marlene Wiest

#### Total - \$2,387.50

#### **Other Donations**

April 2017 Anonymous Cash Donors Jim or Atsuko Hagihara Rumiko Ibuki Dr Roland & Brenda Ikuta Rev Yasuo & Sachi Izumi Michie Kawasaki Marvin & Sharon Koizumi Shig & Katie Nakagawa Mitsuko Oga Gordon & Joy Saruwatari Jiro Sasaki Tomiko Shono Jim & Irene Tanaka Fujio & Yoshiko Tsukishima

#### Total - \$2,355

We try to be as thorough as possible but occasionally make errors. Please inform us if your name has been omitted from or misspelled in the donation lists. Anyone wishing his/her name not be acknowledged in print, please let us know so it won't be published. Thank you.

## **TOBAN UPDATE**

Thank you **Toban 3** for the naijin set up, tea service, cleaning and all that goes with the monthly toban activities in April. Appreciation to all participating in the youth program and the special supper celebrating Hanamatsuri.

Toban 4 will coordinate activities in May. Please join the Dharma class for the **Parent's** Day lunch on May 28 after the regular service.

**Toban 2** is up again for the month of June. Please contact Lorita if you are able to help coordinate the Shotsuki – Memorial Service tea on Sunday June 4.

**Toban 3** will do the next **Soup Kitchen** June 22, the last of the season.

## Note on Chow Mein Supper

The spring chow mein supper was held on the last day and Sunday of April--the 30th. An article about it will appear in the June issue of the Hikari. Thanks to all those who turned out to help in this major temple fund-raiser.

#### **REGULAR EVENTS**

Tonari Gumi Tuesdays, 12-3pm

#### The Lethbridge Karaoke Club

The karaoke club will take a spring & summer break from the beginning of May and resume on Sept 13 at 1:30pm Contact Nao 403.327.7357 or Tad 403.942.7783

NCS Adult Taiko Tuesdays @ 7pm Contact: David Tanaka 403.330.1548, david@albrio.com

**Minyo dancers** Tuesdays, 4:30pm | Contact Pat Sassa 403.329.3105 Practices run until May 9.

## GOTANYE May 21 Shinran's Birthday & Parents' Day



BTSA will be commemorating the birthday of Shinran Shonin with the regular Sunday service on May 21, along with the Parents' Day lunch after the service. The date this year happens to be Shinran's actual birthdate. The event, known in Japanese as Gotanye, honors Shinran who is considered the found of Jodo Shinshu Buddhism.

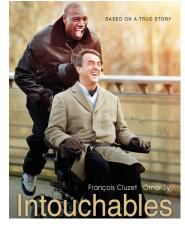
He was born on May 21, 1173, at Hokai-ji Temple in Kyoto, at the close of the Heian period and lived during the Kamakura period. He died on Jan. 16, 1263. Ho-onko commemorates his death each year and is one of the three important Jodo Shinshu holidays, along with Hanamatsuri and Obon.

As a side note, the artwork accompanying this article is a carving by Takayuki Zoshi of Sebastapol, CA. Readers may want to visit his website to see the wealth of Buddhist carvings Mr. Zoshi has produced, many of them related to Jodo Shinshu. See: https://zoshicarver.wordpress.com/

# Movie Night At the Temple

Movie Night screens *The Intouchables* on June 2 at the temple at 7 p.m. The story line is founded on the unlikely camaraderie between a wealthy quadriplegic and his care

giver, and is described by Rotten Tomatoes as "an irreverent, uplifting comedy about friendship, trust and human possibility." Based on a true story, the film received rave reviews and broke box office records in its native France and across Europe.



# **Early Obon Notification**

While still two months away, the Obon season is rapidly approaching and the schedule is printed here to alert all our members and readers about when and where services will be held to help in summer plans. There are several changes from past years.

Please note that the Taber cemetery service schedule has changed this year and will be held earlier than usual, on the second Sunday at 1:30 p.m. Izumi sensei will be holding services at area cemeteries as follows:

July 2 (Sun)	11 am	Brooks Cemetery visitation (Obon Service at Heritage Inn)
July 9 (Sun)	10 am 11 am 1:30 pm	Magrath Cemetery visitation Temple Hill visitation Taber Cemetery (NEW)
July 15 (Sat)	6 pm	Bon Odori at Nikka Yuko Garden (this year only)
July 16 (Sun)	1 pm 2:30 pm	Mt. View Cemetery BTSA Obon Service and Shotsuki (July & August) Memorial at the Temple

Please keep in mind that the bon odori on July 15 will be held at the Nikka Yuko Garden this year in conjunction with the 150th anniversary of the founding of Canada and the 50th anniversary of the Garden.



Guest Speaker Series: Dr. Roland Ikuta

## "Caring for the Caregivers"

Thursday, May 4, 2017 7:00 p.m. Buddhist Temple of Southern Alberta (470 - 40th Street South)

Open to the public. Free Admission.

Dr. Ikuta will be speaking about dementia, the burden of caregiving and how healthcare professionals can support caregivers. Representatives from the Alzheimer's society will also be present to talk about their role in supporting caregivers.



Dr. Ikuta is a Geriatrician, a physician specializing in providing care for the elderly. He is a graduate of the University of Alberta with a specialty in internal medicine and geriatric medicine.

# Hanamatsuri Pictorial







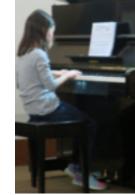
Children at the Hanamido

Large turnout for annual service





Izumi sensei introduces guest speaker Grant Ikuta sensei



A variety of children's performances







Magician Ross









Great turnout for supper...long waiting line.





Happy Hanamatsuri song to the Buddha

# **BON ODORI PRACTICE**



#### Mondays beginning May 15 thru July 10 from 6:30 p.m

The month of May will focus on "Wonderful Canada" for the Nikka Yuko 50th Anniversary and Canada's 150th Birthday on July 14, as well as "Hanabi" for the bon odori dancers and other who are interested in learning. "The choreography of "Wonderful Canada", created by Tatsumi Yoshikiyo, depicts the melding of the two cultures of Canada and Japan. The dance movements portray the maple leaf and the grandeur of the mountains in the wide expanse of Canada as well as the cherry blossoms flowering in Japan. The Nikkei Culural Society continues to search for more dancers so the target of 150 dancers might be met. Contact Pat Sassa for further details.

> Buddhist Temple of Southern Alberta 470 40th St. S. - Lethbridge \*Note: the Temple Bon Odori this year is July 15

at the Nikka Yuko Garden

# **EVERYBODY WELCOME**

### FOR CHILDREN ONLY String of Compassion

I hope you all know what a juzu is. Some people call it a nenju. You have probably heard your grandpa and grandma call it o-juzu, as a sign of respect. You should take good care of your o-juzu and carry it with you in your pocket or purse because it's an important tool when we listen to and receive Buddha's teachings. Buddhist teachers often say: "Don't grasp Buddha's teachings with bare hands!"

O-juzu is like "the Golden Chain," which we recite every Sunday in service. All the beads of the o-juzu are connected together by a string. Similar to the beads of an o-juzu, we are all connected together **by the string of** Buddha's compassion.Buddha's compassion makes our connection to and with one another strong and brings us together as one.

Please remember that your o-juzu should be worn on your left wrist or held in your left hand. Then, when you say, "Thank you" and "Namo Amida Butsu", it should encircle both of your hands together in gassho. (Y.I.)

## Grant Sensei's pre-Hanamatsuri Talk



Grant Ikuta sensei presented a brief overview of Buddhism, then a more detailed examination of Jodo Shinshu, in a talk on Apr. 8 during his visit as guest at BTSA's Hanamatsuri service on Apr. 9. (Please see related article about Hanamatsuri).

Sensei's talk--attended by about 40 people--focused initially on the basics of Buddhism such as the Four Noble Truths. Thereafter, he traced the lineage of the paths to enlightenment via Amida Buddha and the Pure Land tradition. The latter included discussions of the Seven Patriarch and eventually Honen and Shinran.

Sensei also had audience members participate in an activity requiring them to reflect on their own lives and how their relations to parents, family members, friends and acquaintances affected them.

Grant sensei was the guest speaker at the Hanamatsuri service the following day.

## Maya Ichikawa to talk on Art Therapy



As part of the BTSA speaker's series, Maya Ichikawa will give a talk on art therapy that includes a hands-on session on May 13 from 10 a.m. at the temple. The talk is open to the public.

Ichikawa, who received her BFA at Parsons School of Design in New York, majoring in illustration, plans to present

a general definition of art therapy, then will consider its application beyond the individual to the wider community.

A BTSA member, she is a family school liaison in the Livingtone Range School Division, commuting from Lethbridge to Claresholm. She lives with her husband, Marko and three children.

She worked as a graphic designer for 15 years, always with a great interest in art therapy and community arts. She was graduated from the University of Lethbridge's M.Ed. program in Counselling Psychology in 2013, and completed a postgraduate diploma at the Vancouver Art Therapy Institute in 2015.



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*OFFICIAL BTSA ACTI	VITY	1pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko 2	3	<b>7</b> pm Dr. Roland Ikuta Public Talk* <b>4</b>	5	9am Mincfulness Meditation 6
MAY: TOBAN 4	<b>10:30</b> am Monthly Memorial Service* <b>7</b>	8	1pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko 9	2:30pm Correctional Centre visit* 7pm Board Mtg* 10	11	12	10am Maya Ichikawa Public Talk* 13
MAY	10:30am Regular Service* 14	6:30pm Bon Odori practice 15	1pm Tonari Gumi 7pm Taiko 16	17	18	19	10:30am Explore Buddhism* 20
	10:30am Gotan-e (Shinran Shonin's Birthday) Parents' Day* 21	6:30pm Bon Odori practice 22	1pm Tonari Gumi 7pm Taiko 23	<b>2:30</b> pm Correctional Centre visit* <b>24</b>	25	26	Explore Buddhism*
	10:30am Regular Service* 28	6:30pm Bon Odori practice 29	1pm Tonari Gumi 7pm Taiko 30	31			
	Sunday		- I				
	Junaay	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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TOBAN 2	10:30am Monthly Memorial Service*	6:30pm Bon Odori practice 5	1Uesday 1pm Tonari Gumi 7pm Taiko 6	Wednesday		<b>7</b> pm Movie Night At the Temple*	<b>1:30</b> pm Explore Buddhism*
	<b>10:30</b> am Monthly Memorial Service*	<b>6:30</b> pm Bon Odori practice	1pm Tonari Gumi		1	7pm Movie Night At the Temple* 2	1:30pm Explore Buddhism* 3 1:30pm Explore Buddhism*
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JUNE: TOBAN 2