### **BUDDHIST TEMPLE OF SOUTHERN ALBERTA**

# HikaritheLight February 2016

Amida's Vow is a great torch in the long night of ignorance; Do not sorrow that your eyes of wisdom are dark. It is a ship on the vast ocean of birth-and-death; Do not grieve that your obstructions of karmic evil are heavy. Master Shinran (1173-1263)

## **Buddhism or Buddha Dharma?**



I think that most readers of Hikari the Light are followers of Buddha's teaching. Buddha's teaching is called Buddhism. The word "Buddhism" is relatively new. It was invented or coined by a westerner, Joseph Joinville. He visited Ceylon, the present Sri Lanka, in 1801 and wrote a book in which he used the word, Buddhism. It is said that the word Buddhism appeared here for the first time. He heard Buddha's teachings and put a label on it: Buddhism. "ISM" of Buddhism, according to a dictionary, means "a distinctive doctrine and belief."

However, Buddha's teaching is not a distinctive doctrine or belief because it tells us about the universal law called the Dharma. The Dharma is not merely for people in India or Asia. It is not simply the teaching we must believe. So, the word "Buddhism" actually is not a good translation, although people in general do not pay much attention to this. When we say Buddha Dharma instead of Buddhism, it means the Buddha who found the

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Dharma and the Buddha is identical with the Dharma, the truth of life. No one can deny the Dharma. For example, we are not able to deny that those who were born will die and that those who prosper will decline. This is the universal law and principle. The Dharma is supporting us and working for us as long as people who do not open their eyes to a simple truth of life. The Dharma as well as the Buddha is constantly working. The Buddha who is always working for our spiritual liberation is called Amida Buddha of infinite wisdom and boundless compassion.

Amida Buddha is living and working for us. Namo Amida Butsu which is a call of Amida Buddha is also living and working for us. Through listening to Buddha's teachings, we must understand and appreciate that the words "Amida Buddha", "Dharma" and "Namo Amida Butsu" are grammatically nouns but they are really verbs in their contents and meanings. They are not inactive or static but active for those who are mired in the ocean of delusion. Therefore, Buddhists reverently bow their heads to the everlasting working of Buddha, Dharma and Namo Amida Butsu.

In Gassho, Yasuo Izumi, Minister Buddhist Temple of Southern Alberta

#### お内陣

最近、日曜学校の子供たちが、お内陣の お給仕や、喚鐘を打つことについて学びた いと言い出しました。大変に嬉しい事だと 思っています。将来の仏教会を背負ってい く子供たちです。お内陣に入る時は、仏様 を敬う心を持って、靴を脱ぎ、用意してある 門徒式章をつけ、頭を下げて入る事を、ま ず教えています。

大分以前のことを思い出しました。ある 会合の時、お寺参りをされている会員の方 が内陣係りを頼まれました。ところがその 方は「自分のようなものは。。。」と辞退され ました。会合の後、私はその方に「お内陣を お荘厳させて頂くという係りは大切な仕事 です。この場合は遠慮は要らないと思いま す。いつもお参りをされておられるのだか ら是非引き受けてください」と頼みました。 数日後、その係りを受けてくださいました。 考えて見ますと、皆が集まる仏教会のお内 陣を、美しく保つという仕事は責任のある 事ですが、また有り難いことでもあります。 私自身、先輩方から、お内陣は自分が、仏様 に育てられる場所である、と教えてもらって きました。忘れがちな仏様の大悲のお心を 寄り近くで知らされる場所なのです。信(仏 願への目覚め) はお荘厳に現れ、お荘厳は 私たちの信心を育てて下さるのでしょう。

南アルバータ仏教会 開教使 泉康雄

## **Boundless Compassion**



Kynan Gordon emceed the regular Sunday service on Jan. 17 when Izumi sensei was guest minister at the Steveston Buddhist Temple Ho-onko. Kynan's message is reprinted in full here.

Good morning. So since sensei is not here and I have been asked to give a little message, please forgive me, I am not that great at these things.

I have been coming to the temple for all my life, since I couldn't even walk. And many here know that, and it was a few days ago that I was asked at my store: "How do you work so much, and you're always happy?" I replied to him, "Well it's just how I am I guess." I replied to the man. He smiled, and left with his groceries.

Right there it made me think, "Why am I always happy at work?" And I realized one of the reasons why.

Buddhism has always taught me compassion, and gratefulness. These two things will always be connected in my mind, for they are two sides of the same coin. Buddhism taught me that to be grateful for all around what we have, because others sometimes do not have what we possess. And the reason I say that they are connected is because there is no greater experience, and feeling than receiving the compassion of another person, and from that feel eternal gratefulness. "Boundless compassion", these are two words I have always heard.

Just a couple days ago, I was receiving a delivery at my store, and I had a customer at the same time. She bought a loaf of bread, but asked me how much the eggs were; she said she couldn't afford it, but would like to know.

Before I could say anything she started to go look for herself. Then the deliveryman said to me, "I'll pay for it". He looked at the woman, and told her the same. She was so happy to have only a carton of eggs; he bought the eggs, and she left. I looked at him, and said grab yourself a drink, whatever you like. He nodded in appreciation, but had me sign the invoice, and left without taking anything.

If people ask me why I smile at work, it is because I remember those things. It is also a lesson of how life works. One act of compassion signals another. One candle's life never diminishes by being shared, words that are far more true than most realize. One act of kindness will never lessen a person.

The boundless compassion of the Buddha surrounds us. This compassion is the candle from which we should remember always within ourselves, for it is a guiding light. The lessons of the dharma are the constant reminder of the things that make us smile in this world. They are not only words to be recited, but also words with true

meaning behind them. "I shall be kind and helpful to others", this is a paramita from the Seiten. I have recited this all my life, but as a child I never fully comprehended the meaning. But now as I got older I understand it completely. This is a lesson from the Buddha, a lesson from the dharma.

## CHAIR SCHEDULE February & March 2016

Services begin at 10:30 a.m. unless otherwise indicated.

Feb 07SHOTSUKIMar 06SHOTSUKIChair:Ross JacobsChair:Sheila OishiAudio:Sway NishimuraAudio:John Dubbelboer

Feb 14 NIRVANA DAY/PET
APPRECIATION

Mar 13
Chair: Florence Senda

Chair: Ross Jacobs Audio: Akira Ichikawa

Chair: Val Boras Audio: Akira Ichikawa

Chair: Sway Nishimura Audio: Tak Okamura Audio: Sway Nishimura

Mar 20

Chair: Robert Takaguchi Audio: Akira Ichikawa

Mar 27 Chair: Deanna Jones Audio: Ross Jacobs

MC designates: if you are unable to chair on your assigned date or have made other arrangements on your own, please inform Sway Nishimura. Thank you. Dharma class MCs and audio will assist or

take the place of those assigned. This will be prearranged.

## **Annual General Meeting - MARCH 6**

#### Notice of the BTSA 2016 Annual General Meeting

This is official notification of the 2016 AGM scheduled for March 6, 2016, following the monthly memorial service. The BTSA by-law requires at least 15 days written notice in advance of the date of the annual general meeting, with a notice in the Hikari constituting official notification. Please consider this the official notification of the meeting.

The board has been operating with 11 directors during the last year and would like to get its full complement of 12. As another temple AGM, approaches, please consider volunteering some time to temple affairs by permitting your name to be nominated for a directorship. Under the staggered term system, six positions will have to be filled.

This year, the terms of the following expire: Akira Ichikawa, Roland Ikuta, Brenda Ikuta, Sylvia Oishi, and Jim Tsukishima. Continuing directors are Val Boras, Ross Jacobs, Roy Sassa, Trent Takeyasu and Wayne Tsukishima.

Financial and other reports for the past year will be distributed at the meeting.



Turnout for New Year's Service - A handful of members and friends gathered at the temple on New Years's Days to welcome 2016. Following a brief service, the group gathered in the multipurpose room to offer cheers (kampai), before parting.

photo: Akira Ichikawa



One of the attendees releasing the striker photo: John Dubbelboer

### **Food Donations**

The annual food donation drive continues through mid-February and the parcels will be given to the Lethbridge Food Bank at the end of the month. There's still time to drop off any imperishable goods members may want to donate.

As in past years, the estimated value of the donated goods will be matched by a cheque from the BTSA.

The Food Bank wish includes the following: cereal, oatmeal, canned meals, canned tuna, canned meat, canned vegetables, canned fruit, peanut butter, beans, macaroni and cheese, pasta and pasta sauces, and canned or dry packaged soup. It also notes that cash donations also are welcomed as they can go further than donations of food items.

## Joya no Kane rings out 2015, Rings In 2016

Izumi sensei presided at the Joya-no-Kane ceremony on the last night of 2015, shortly before midnight and the dawn of 2016. The Nikka Yuko Garden director estimated about 90 persons turned out for this year-end event on a frosty winter night.

The annual event is co-sponsored by BTSA and the Garden. After the bell-ringing, tea and refreshments were served at the Garden office building.

The following explanation for the reason that the bell is rung 108 times is from the website www.chopsticksny.com/contents/yokoso/2011/11/7311

"During the Joya no Kane ceremony, a bell is tolled 108 times. There are several different beliefs behind why they are rung 108 times.

"The first and most plausible one is that the number corresponds to the number of 'bonno,' or worldly desires. There are six kinds of bonno and they are further subdivided into three sections, becoming 18. Also, each of these 18 kinds consists of two categories, making 36. Finally, there are other 3 categories into which the 36 bonno fall, bringing the total number of bonno to 108.

"The second belief is that the number represents one year in the lunar calendar system, which Japan (where Joya no Kane originated) used to employ. In the calendar, there are 12 months in a year, 24 sekki (seasonal divisions) and 72 kou (other seasonal divisions), and all of these numbers add up to 108.

"Lastly, it is also thought to mean 'shiku hakku,' which is the Buddhism term representing all of life's sufferings. The Japanese pronunciation of "shiku hakku" is equivalent to the pronunciation for "4, 9, 8, and 9." The sums of 4 times 9 and 8 times 9 comes out to be 108."

Whatever the explanation, the reverberations of the Nikka Yuko bell seemed to warm cold feet and frosty cheeks.

## Pet Appreciation Day/Nirvana Day February 14



BTSA observes its annual Pet Appreciation Day at the Feb. 14 regular Sunday service, along with the Nirvana Day observation, beginning at 10:30 a.m. All attendees are invited to bring photos of their pets, whether deceased or living, to have them displayed during the service.

The commemoration is in recognition of the joy, comfort and assistance animal pets provide their owners and for all to express their gratitude to them for their unconditional love.

#### Membership to Jan 30, 2016: 65

**Ho-Onko Donations** 

January 2016

Joyce Adachi Yosh & Sue Aimoto

Eiko Aoki Roy Asato Eietsu Chiba

John & Donna Dubbelboer

Judy Fukushima Dorene Gordon Shinako (Sheila) Higa

Shirley Higa Neil Hinatsu Tomi Hisaoka

Chris & Susan Huntley Toshimi & Marian Ibuki Akira & Lorita Ichikawa

Akira & Lorita Ichikawa Tom & Lily Kaga

Hiroshi Kitagawa Ken & Amy Kurio Katoye Maruno Kay K. Matsuda Kinuko Matsuno

Yutaka & Chiyomi Matsuno Joe & Marion Mori

Nancy K. Morishita William T. & Setsuko Nagai

Jim & Joan Nakagawa Shig & Katie Nakagawa

Teiji Nakamura

Roy & Minnie Nakatsuru

May Nishikawa

Sway & Toshiko Nishimura Mac & Reyko Nishiyama

Mitsuko Oga Noriko Oga Ken Ohno Kimiko Ohno May Ohno

Arlene Oishi & Jeff Coffman

Heidi Oishi Lilly Oishi Sheila Oishi Tak & Jan Okamura Setsuko Okuma Yumiko Osaka

Tadanori & Chieko Sakaguchi

Roy & Pat Sassa Kimiko Sato Craig & Sachi Scharf

Florence Senda Bob & Eiko Shigehiro Joe & Mary Shigehiro

Joyce Shigehiro & Trevor Van Sluys

Tom & Mitsuko Shigehiro

Tomiko Shono Emily Stitt

Noboru & Kazuko Sugimoto Tom & Laura Sugimoto Noris & Sachiko Taguchi Tom & Tsuyako Tajiri

Fugi Takeda Toshko Takeda Tomiko Takeyasu
Sam & Betty Taniguchi
Shirley Taniguchi
Jean H. Tatebe
Akira Terashima
George Tokuda
Shizuo & Dorothy Tomita
Joe & Sumiko Tomiyama
Tak & Yoko Tsujita
Fujio & Yoshiko Tsukishima
Jim Tsukishima
Keiko Kay Tsukishima

Total - \$5,410

Sumie Tsukishima

Wayne & Amy Tsukishima

We try to be as thorough as possible but occasionally make errors. Please inform us if your name has been omitted from or misspelled in the donation lists. Anyone wishing his/her name not be acknowledged in print, please let us know so it won't be published. Thank you.

## 27 attend Board Retreat - Jan. 9

The BTSA board of directors and other interested members had a retreat on January 9th, 2016 at the Temple. 27 people attended and contributed their ideas. The session was facilitated by Renae Barlow who helped us with the Board Retreat in 2008.

The retreat focused on the responses and ideas from our recent survey. There was great input from all who attended. We formed seven working groups who are addressing the major themes arising from the survey; their discussions and energy are leading to some great new programs or improvements on existing ones.

The task for each working group is to try to make progress on 2-3 of their ideas to improve the programs being offered at the temple. These groups include:

- 1. Welcoming / Recruitment
- 2. Energizing the Dharma message
- Volunteer Related
- 4. Member Services
- 5. Board Related
- 6. Youth and Dharma Class Related
- 7. Community Engagement

The various groups will be meeting over the next two months to try to get some of these ideas refined and put to the members at the AGM. Group #5 (Board Related) has already met and will investigating ideas such as hiring a part time book keeper for the Temple, refinishing and painting the hallway by the Dharma classroom and addressing the sign in front of the Temple.

A follow-up session is recommended in June to discuss progress and review our priorities. If anybody is interested in being involved with any of the groups please contact Brenda or Roland Ikuta or Akira Ichikawa.

Huge thank you to Renae for facilitating the session and for all who contribution their energy to the process.







photos: Akira Ichikawa

#### **Shotsuki Donations**

January, 2016

Joyce Adachi

Judy Fukushima

Shirley Higa

Tomi Hisaoka

Tom & Lily Kaga Hiroshi Kitaqawa

Eileen Kunimoto

Ken & Amy Kurio

Shig & Katie Nakagawa

May NIshikawa

Sway & Toshiko Nishimura

Mitsuko Oga

May Ohno

Randy Ohno

Lilly Oishi

Bob & Eiko Shigehiro

Joe & Mary Shigehiro

Tom & Mitsuko Shigehiro

Noboru & Kazuko Sugimoto

Brian Tajiri

Jean H. Tatebe Shizuo & Dorothy Tomita Joe & Sumiko Tomiyama Fujio & Yoshiko Tsukishima

Total - \$1,010

#### Other Donations

January 2016

Anonymous

Rachael Crowder

Tokio Hori

Rumiko Ibuki Hiroshi Kitagawa

Katoye Maruno

Nikkei Cultural Society of

Lethbridge & Area

Norreen Nishiyama

Tak & Jan Okamura

Jaglit S. (Jack) Panesar Tomiko Shono

Marlene Tanaka

Total - \$4,286.20

2015 Tax Receipts: Tax receipts for 2015 will be mailed out by the end of February 2016, in compliance with Canadian Revenue Agency requirements. Thank you for your generous donations throughout the past year.

#### **REGULAR EVENTS**

Southern Alberta Buddhist Choir

Contact: Katie Nakagawa 403.327.4296

Tonari Gumi Tuesdays, 12-3pm

The Lethbridge Karaoke Club Wednesdays, 1:30pm Contact Nao 403.327.7357 or Tad 403.942.7783

Taiko Class

Adult taiko, Tuesdays @ 7pm

Contact: David Tanaka 403.330.1548 or david@albrio.com

Minyo dancers Tuesdays, 4:30pm Contact Pat Sassa 403.329.3105

#### **ANNOUNCEMENTS**

Condolences The BTSA expresses heartfelt sympathy to those who have lost loved ones:

Mr. Richard Ichiro Tanaka (66) January 18, 2016

Congratulations Jireh Licmoan Daydag & Ryan Yuich Tsukishima January 30, 2016

Mein making on February 27 will be in two shifts: 8am - 12pm and 12pm - 4pm.

### FOR CHILDREN ONLY

Did you know that in India, the right hand is considered to be the Buddha and the left hand, you and I? If you accidentally cut your left finger, you would cry out "Ouch!", wouldn't you? What would you do if it started bleeding? You would try to stop the bleeding, right? Your right hand would immediately come to the left hand and try to stop the bleeding. Did the left hand have to ask the right hand? Saying, "Please come to me! Please help me!" No, it did not!

Buddha's love is just like this. When you are sad and lonely, the Buddha's love and compassion come to you, become one with you, without being asked. Please remember that the Buddha is always listening to you and thinking of you. You are never alone when you put your right hand and left hand together! (Rev. Izumi)

## **BUDDHIST Q & A**

Q. What is "Kansho bell"? 喚鐘とは?

A. This is a hanging bell which is struck before each service starts. It is sometimes translated in English "assembly bell". The kansho, however, literally means "calling bell". Usually, the bell is struck by a minister while other ministers proceed to enter the shrine area. There is a certain way to strike. At our temple, however, a few capable members take a turn to strike the bell. An important thing we should keep in our minds is that "each strike" is instructed as "each voice". Whose voice? It is the voice of the Buddha who is calling us. When we listen to the "kansho bell" next time, let's keep quiet and think that the Buddha is calling us individually and personally, urging us "Listen to the voice of Dharma and be liberated by the great compassion of Amida Buddha." (Y.I.)

#### **TOBAN UPDATE**

Thanks to Toban 4 for a busy January. Toban 2 will start February with Shotsuki tea and refreshments.

**Announcement:** There has been a special request for "Tea and Cookies" after service on February 14, Pet Appreciation Day. Rendall (the baker) will make cookies and along with Dee and friends will host the tea in memory of their special pet. Everyone welcome!

**Toban Schedule**: February Toban 2 May Toban 3 March Toban 3 June Toban 4 April Toban 2 Toban 3 July

Next Soup Kitchen: March 16 Toban 4

Contact 403.327.1668 or lorita.ichikawa@gmail.com

(Note: The following report was inadvertently overlooked for the December Hikari, although photos of the Bake Sale did appear.)

## **Bodhi Day Bake & Craft Sale**

2015 has flown by and we ended our fundraising year on Dec. 5 with a bang: the Bodhi Day Bake and Craft Sale was virtually 'gutted' in a record 35 minutes. It was the second year in which we added the Everything Japanese 'Nearly New' Sale which has a slightly more relaxed shopping atmosphere. Boxes full of treasures were seen leaving the Multipurpose Room and Boardroom as well as many satisfied faces.

The Craft Sale actually continued through Sunday and the Everything Japanese Sale was extended through Bodhi Day Service on December 13th. When all was tallied this event brought in roughly \$10,000. This is a significant contribution to the smooth running of the Temple and 2016 programming.

These sales have been fun to organize because of all the wonderful surprises that show up at our Temple. Numerous volunteers get together weeks before the event in a variety of large and small groupings to fill the shelves, freezers and walk-in fridge to the brim with mein, manju, pies, karinto, and crab apple juice... it has become difficult to find days when the kitchen is free! It is busy right through the morning of the sale when the cooks put together a beautiful bento and a yummy lunch for the volunteers.

The boardroom is concurrently a beehive of activity with sorting, cleaning, ironing and pricing. The generosity of donors is astounding: contributions from as far away as Red Deer, time consuming and lovingly handcrafted / homemade, contributing boxes and boxes of Japanese treasures that their families have cherished over the years.

The volunteers at the sale are extremely accommodating and capable (cooks, set-up people, packagers, pricers, cashiers, greeters, translators of the Japanese culture); they go right to their stations and the event unfolds as it is should; smiling faces, ready to give a hand or a box, children welcoming guests with a taste of their fall labor. As the rooms empty, they are tidied without much ado and the Temple is ready for a busy Shotsuki Service and lunch the next day.

Let's not forget the customers: the line up outside was long and tiresome (thankfully, not as cold as it sometimes is); they know exactly where to go to get what they need and some are leaving within 10 minutes of the doors opening with boxes and bags full of goodies; friends from the Temple, friends from the community, friends who have travelled a distance to check out something new, all bringing such wonderful energy through our doors. Difficult task to thank all the people that touch this event and make it the success that it has become!

The Temple Survey results are summarized and the Board Retreat is scheduled for January 9 (see related article). We hope to use these fundraising dollars well to develop programs and make the changes that have been suggested.

In gassho, Brenda Ikuta

#### BTSA Celebrates 2016 with Ho-onko



Homyo during Shotsuki



Part of the Ho-onko congregation



Choir performance

BTSA held its annual Ho-onko service, along with the monthly memorial service for January on Jan. 10, followed by the New Year's party. More than 120 members and friends attended the event.

Ho-onko, as Izumi sensei mentioned in his dharma message, specifically honors Shinran Shonin whose death in 1263 is commemorated. Sensei pointed out, however, that "it is more like Thanksgiving Day service" for the path to enlightenment he set down "especially to ordinary and common people such as ourselves."

The BTSA choir performed three songs during the service, leading those in attendance first in "Ho-onko no Uta," then singing "Say Namu Amida Butsu" and "Furusato."

Following the service, toasts were made to the new year with drinks of apple juice that had been prepared by Dharmas school students. Everyone was treated to a delicious supper of sashimi, miso salmon and chow mein prepared by members of Toban 4. Thanks to Jan Okamura and her group of helpers who provided the new year meal.

The day's festivities ended with games of Bingo, called by Roland Ikuta and a number of Dharma class helpers.



Kampai to start the party



Delicious meal...



enjoyed by many members and friends.





Roland gets help calling Bingo



Players watching their cards...



and the blackout game.



## THE BUDDHIST TEMPLE OF SOUTHERN ALBERTA children & youth dharma classes

### **UPCOMING DATES**

**Feb 14** Pet Appreciation Bring a picture of a pet/ pets to share in class.

Abby McMeekin will lead class **Feb 7 & 28**. Thanks, Abby!

**Feb 26,** 5-7pm Youth Bento Ages 11 and older. Please register with Brenda Ikuta.

## Taking on Temple Jobs



Kai emcees.



Duncan cleans up.



Akeo tries out the bell under Rev. Izumi's supervision.



Tak Okamura gets assistance with the naijin set-up.

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAKCH: IOBAN 3	*OFFICIAL BTSA ACTIV	VITY	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke	4	5	10am Exploring Buddhism and Jodo Shinshu*
	10:30am Shotsuki Memorial Service*	8	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke 7pm BTSA Board Meeting* 10	11	1:30pm Correctional Centre Visit*	10am Exploring Buddhism and Jodo Shinshu*
	10:30am Nirvana Day and Pet Appreciation Service*	15	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke	18	19	10am Exploring Buddhism and Jodo Shinshu*
	10:30am Regular Service*	22	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke		26	8am Mein-making (shift one) 10am Exploring Buddhism* 12pm Mein-mak-
	10:30am Regular Service*		23	24	25	20	ing (shift two) 27
	Sunday	Monday	Tuesday	Wednesday  1:30pm Karaoke	Thursday	Friday	Saturday  10am Exploring Buddhism and
			1	2	3	4	Jodo Shinshu*
	10:30am Shotsuki Memorial Service* Annual General Meeting 6	7	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke 7pm BTSA Board Meeting*	10	1:30pm Correctional Centre Visit*	12
	10:30am Spring Equinox Ohigan Service*	14	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke	17	18	9am Day of Mindfulness
	10:30am Eshinni and Kakushinni Service*	21	12pm Tonari Gumi 4:30pm Minyo Dance 7pm Taiko	1:30pm Karaoke	24	25	10am Exploring Buddhism and Jodo Shinshu*
	10:30am Regular Service*		12pm Tonari Gumi 4:30pm Minyo Dance	1:30pm Karaoke			
	27	28	29	30			I i le autite a li alat

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